Dance

级数: Intermediate

编舞者: Terry Hogan (AUS)

拍数: 64

音乐: She Came To Dance - Asleep at the Wheel

BACK, TAP, SIDE, BEHIND, ¼ LEFT, FORWARD, HOLD, FORWARD, HOLD

- 1-2 Step right backward toward right diagonal, tap left toe beside right heel
- 3-4 Step left to the side, step right across behind left
- 5-6 Make ¼ turn left and step left forward, hold allowing right foot to drag toward left
- 7-8 Step right forward, hold allowing left foot to drag toward right

ROCK FORWARD, BACK, ¼ LEFT, ½ LEFT, BEHIND, HOLD, SIDE, HOLD

- 9-10 Rock-step left forward, rock backward onto left foot
- 11-12 Make ¼ turn left and step left to the side, make ½ turn left and step right to the side
- 13-14 Step left across behind right, hold
- 15-16 Step right to the side, hold allowing left foot to drag toward right

CROSS ROCK, REPLACE, SIDE, CROSS, ½ LEFT, FORWARD, HOLD, FORWARD, HOLD

- 17-18 Cross-rock left in front of right, rock-replace weight back onto right foot
- 19-20 Step left to the side, step right forward toward left diagonal to cross left foot
- 21-22 With weight on right foot unwind to make ½ turn left and step left forward, hold
- 23-24 Step right slightly forward, hold allowing left foot to drag toward right

FORWARD, ½ PIVOT RIGHT, FORWARD, FORWARD, ROCK SIDE, HOLD, REPLACE, HOLD

- 25-26 Step left forward, make 1/2 pivot turn right stepping forward onto right foot
- 27-28 Step forward left, step forward right
- 29-30 Rock-step left to the side, hold
- 31-32 Rock-replace weight onto right foot, hold

BEHIND, SIDE, REPLACE, BEHIND, SIDE, REPLACE, HEEL TWIST, HEEL TWIST ¼ RIGHT

- 33-34 Step left across behind right, rock-step ball of right to the side
- 35-36 Replace weight on left at center, step right across behind left
- 37-38 Rock-step ball of left to the side, replace weight on right at center

These steps are the same as sailor steps, but without the syncopations

39-40 Twist heels right, twist heels left making ¼ turn right taking weight onto left foot

ROCK FORWARD, BACK, ½ RIGHT, FORWARD, HOLD, ROCK FORWARD, BACK, ¼ LEFT, SIDE, HOLD

- 41-42 Rock-step right forward, rock backward onto left
- 43-44 Make ¹/₂ turn right and step right foot forward, hold
- 45-46 Rock-step left forward, rock backward onto right
- 47-48 Make ¼ turn left and step left foot to the side, hold facing back wall

RIGHT DIAGONAL FORWARD, CROSS, FORWARD, KICK, LEFT DIAGONAL FORWARD, CROSS, FORWARD, KICK

- 49-50 Step right to the side and slightly forward, step left across behind right foot
- 51-52 Step right to the side and slightly forward, kick left foot toward left diagonal

Allow body to turn slightly left for counts 49-52

- 53-54 Step left to the side and slightly forward, step right across behind left foot
- 55-56 Step left to the side and slightly forward, kick right foot toward right diagonal

Allow body to turn slightly right for counts 53-56

SIDE, TOUCH, SIDE, TOUCH, ROCK FORWARD, REPLACE, ½ RIGHT, ½ RIGHT





墙数: 2

- 57-58 Step right forward toward right diagonal, touch left toe beside right foot
- 59-60 Step left forward toward left diagonal, touch right toe beside left foot

Counts 49-60 should all travel forward in a zig-zag pattern

- 61-62 Rock-step right forward, rock backward onto left foot
- 63 Make ½ turn right and step right foot forward
- 64 Make ½ turn right and step left foot backward

REPEAT