

Dance & Shout

拍数: 32 墙数: 4 级数: Improver
编舞者: Raelyne Castonia (USA)
音乐: Dance and Shout - Wynonna



SHIMMY, SHIMMY, STEP TOUCH, STEP TOUCH

- 1-2 Step right foot slightly forward and shimmy right shoulder down
You may choose to do hip bumps forward here
3-4 Shimmy shoulders back up to a straight position
5-6 Step back on right foot, touch left toe forward and clap
7-8 Step forward on left foot, touch right toe next to left foot and clap

MODIFIED VINE RIGHT, MODIFIED VINE LEFT

- 1-2 Step right foot to the right side. Sep left foot behind right
3&4 Quickly step on right foot to right side. Step on left next to right, step right to right side or in place
5-6 Step left foot to the left side. Step right foot behind left
7&8 Quickly step on left foot to left side. Step on right next to left, step left to left side or in place

SCUFF UP, SCUFF UP WITH ¼ TURN

- 1-2& Step slightly forward on right foot. Scuff left foot forward bringing left foot up bending knee and scoot forward slightly on right foot
3-4 Step down on left foot. Touch right toe next to left foot
5-6& Step slightly forward on right foot. Scuff left foot forward bringing left foot up bending knee and scoot forward slightly on right foot
7-8 Step down on left foot. Touch right toe next to left foot

OUT AND HOLD, IN AND HOLD, ½ PIVOT, ½ PIVOT

- &1-2 Quick step out the right with right foot. Step left foot to the left side, hold and clap
&3-4 Quick step in with right foot. Step left foot next to right. Hold and clap
5-6 Step forward on right foot. Pivot ½ turn to left
7-8 Step forward on right foot. Pivot ½ turn to left

REPEAT
