

# Dance Little Dixie

**COPPER** KNOB  
STEPPERS

拍数: 48      墙数: 4      级数: Intermediate  
编舞者: Barbara Mendelsohn (USA)  
音乐: Bang, Bang, Bang - Nitty Gritty Dirt Band



## HIP BUMPS, ARM PUMPS

- 1-2      Step left foot to left side while pumping left arm and bumping left hip, pump and bump again
- 3-4      Step left beside right; clap hands
- 5-6      Step right foot to right side while pumping right arm and bumping right hip; pump and bump again
- 7-8      Step right beside left; clap hands

## KICK-BALL-CHANGE, CROSS, UNWIND, TOUCH OUT, STEP IN, BODY ROLL

- 9&10      Kick right foot forward; step ball of right beside left; step left in place
- 11-12      Cross-touch right over left; unwind ½ turn left
- 13-14      Touch right toe to right side; step right beside left
- 15&16      Body roll or shimmy

## FORWARD PROGRESSING 'MASHED POTATOES'

- &      Swivel left heel out as you lift right foot off the floor
- 17      Place right ball of foot in front of left foot as you swivel both heels to center
- &18      Swivel both heels out; swivel both heels in
- &      Swivel right heel out as you lift left foot off the floor
- 19      Place left ball of foot in front of right foot as you swivel both heels to center
- &20      Swivel both heels out; swivel both heels in
- &      Swivel left heel out as you lift right foot off the floor
- 21      Place right ball of foot in front of left as you swivel both heels to center
- &22      Swivel both heels out; swivel both heels in
- &      Swivel right heel out as you lift left foot off the floor
- 23      Place left ball of foot in front of right as you swivel both heels to center
- &24      Swivel both heels out; swivel both heels in

## WALK, WALK, TRIPLE STEP, ½ TURN, SHUFFLE, STOMPS

- 25-26      Step right forward, then left
- 27&28      Cross-step right behind left; step left in place; step back on right
- &      Turn ½ left on right foot
- 29&30      Step left foot forward; step right together; step left foot forward
- 31-32      Stomp right; stomp left

## ¾ TURN, TOUCH, SIDE-SHUFFLE, ROCK STEP

- 33-34      Turning ¼ right, step on right; turning ¼ right, step on left foot
- 35-36      Turning ¼ right, step on right; touch left beside right
- 37&38      Step left foot to left side; step right together; step left to left side
- 39-40      Rock diagonally back onto right foot; step forward onto left

## HEEL, TOE, HITCH, STEP; HEEL, TOE, HITCH, STEP

- 41&42      Touch right heel forward to right diagonal; step right in place (facing diagonal); touch left toe back to left diagonal
- 43      Hitch left knee
- 44&45      Step left in front of right facing current wall: step right to right side (facing left diagonal); touch left heel forward to left diagonal

&46 Step left in place (continuing to face diagonal); touch right toe back to right diagonal  
47-48 Hitch right knee; step right in front of left facing current wall

**REPEAT**

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