Dancing Costa



编舞者: Mark Caley (UK) & Jan Caley (UK)

音乐: Yo Quiero Bailar - Xasqui



ROCK, STEP, RIGHT COASTER, (OR FULL TRIPLE TURN RIGHT), CROSS, SIDE, LEFT SAILOR 1/4 TURN LEFT - LEFT SIDE STEP

1-2 Rock forward on right, recover weight back onto left

3&4 Step back on right, step left beside right, step forward on right

Option:

3&4 Full triple turn right stepping on right, left, right (12:00)

5-6 Cross left over right, right step to side 7&8 Left sailor step making ¼ turn left (9:00)

Step left to left side on count 8, not forward

CROSS ROCK, RECOVER, 1/4 TURN RIGHT SHUFFLE FORWARD, LEFT STEP, HOLD, STEP 1/4 LEFT

9-10 Cross right over left, recover weight to left

11&12 Make ¼ turn right and shuffle forward right, left, right (12:00) 13-14 Step left forward, hold (option- spread arms to sides on hold)

15-16 Right step forward, pivot ¼ turn left (9:00)

CROSS, SIDE, CROSS, SIDE, CROSS, ROCK 1/4 TURN RIGHT, LEFT SHUFFLE FORWARD

17-18 Cross right over left, left step to side

19&20 Cross right over left, left step to side, cross right over left

On counts 17-20 keep facing the front and your right will 'point' to front as you cross 21-22 Left rock to side, recover weight on to right making 1/4 turn right (12:00)

23&24 Left shuffle forward left, right, left

RIGHT STEP FORWARD MAKING ½ TURN LEFT, ROCK BACK ON LEFT, ROCK FORWARD ON RIGHT, LEFT STEP FORWARD MAKING ½ TURN RIGHT, ¼ TURN RIGHT, WALK FORWARD LEFT, RIGHT, LEFT

25-26 Step forward on right as you make ½ turn left, rock back on left (6:00)
27-28 Rock forward on right, step forward on left as you make ½ turn right (12:00)

29-30 Right step to side making a ¼ turn right, walk forward on left (3:00)

31-32 Walk forward right, left

REPEAT