

Cradle

拍数: 32 墙数: 4 级数: Improver
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音乐: Cradle - Atomic Kitten



BIG SIDE RIGHT, BEHIND, ½ TURN RIGHT, SIDE, ROCK, CROSS, DIAGONAL ROCKING CHAIR, SIDE, ROCK, CROSS

- 1-2& Right step to side (large), cross left behind right, right to side making ¼ turn right
3&4 Turn ¼ turn right rock left to side, recover weight to right, cross left over right (6:00)
5&6 Rock right diagonally forward, recover weight to left, rock right diagonally back behind left
&7&8 Recover weight on left(&), rock right out to side, recover weight to left, cross right over left
Steps 5&6& are all facing diagonally right

DIAGONAL ROCKING CHAIR, SIDE, ROCK, CROSS, SWAY, SWAY, SAILOR STEP ½ TURN RIGHT

- 9&10 Rock left diagonally forward, recover weight to right, rock left diagonally back behind right
&11&12 Recover weight on right, rock left out to side, recover weight to right, cross left over right
13-14 Step to right and sway right, step to left and sway left
15&16 Right sailor turning ½ turn right (12:00)

Steps 9&10& are all facing diagonally left, straighten up to 6:00 on the sways

LEFT ROCKING CHAIR, STEP TURN ½ RIGHT, STEP, RIGHT KICK BALL CHANGE, STEP TURN ¾ LEFT, RIGHT STEP TO SIDE

- 17&18& Rock forward on left, recover weight on right, rock back on left, recover weight right
19&20 Step forward on left, pivot ½ turn right, step forward on left (6:00)
21&22 Kick right in front, step right beside left, step forward on left
23&24 Step forward on right, pivot ¾ left, right step to side (9:00)

VAUDEVILLES WITH A ¼ TURN RIGHT, LEFT MAMBO FORWARD, UNWIND ¾ TURN RIGHT

- 25&26& Cross left behind right, step right in place, touch left heel diagonal forward, step left beside right
27&28 Cross right over left, left step to side making ¼ turn right, touch right heel forward (12:00)
&29&30 Step right in place, rock forward on left, rock back on right, step back on left
31-32 Touch right back, unwind ¾ turn right keeping weight on left (9:00)

REPEAT