# The Crazy Slide



编舞者: Michel Cabana (CAN) 音乐: Up! - Shania Twain



## VINE RIGHT, VINE LEFT WITH 1/4 TURN LEFT

1-4 Step right to the right side, cross left behind right, step right to the right side, touch left beside

right

5-8 Step left to the left side, cross right behind right, pivot ¼ turn left as you step forward on the

left, touch right beside left

Optional: you can make 1 1/4 turn rolling vine left for counts 5-8

## BACK, BACK, TOUCH, FORWARD, FORWARD, TWIST AND TWIST ½ TURN

1-4 Step back on the right, step back on the left, step back on the right, touch left beside right

5-8 Step forward on the left, step forward on the right, twist both heel to the right as you pivot 1/4

turn left, twist both heels to center, twist both heels to the right as you pivot 1/4 turn left weight

ending on the right

## BEHIND, SIDE, CROSS, TOUCH, BEHIND, SIDE, CROSS, TOUCH

1-4 Cross left behind right, step right to the right side, cross left over right, touch right to the right

side

5-8 Cross right behind left, step left to the left side, cross right over left, touch left to the left side

## CROSS, TOUCH, CROSS, TOUCH, MODIFIED JAZZ BOX

1-4 Cross left over right, touch right to the right side, cross right over left, touch left to the left side

Cross left over right, pivot ¼ turn left as you step back on the right, pivot ¼ turn left as you

take a big step with the left to the left side, slide right towards left ending with a touch beside

left

## **REPEAT**

5-8