

Cross Sway (Walker)

拍数: 16 墙数: 4 级数: Beginner
编舞者: Wartan Jemian (USA) & Deloris Reynolds
音乐: Tonight I Climbed the Wall - Alan Jackson



SWAY VINE RIGHT, SWAY VINE LEFT

- 1 Step to the right, about shoulder width, with the right foot
- 2 Slide and step with left foot beside the right foot
- 3 Step to the right, about shoulder width, with the right foot
- 4 Slide and touch the left toes beside the right foot
- 5 Step to the left with the left foot
- 6 Slide and step with right foot beside the left foot
- 7 Step to the left with the left foot
- 8 Slide and touch the right toes beside the left foot

SWAY FORWARD, BACK AND TURN

- 1 Step forward with the right foot
- 2 Touch left foot beside right, gliding it into place
- 3 Step back with left foot
- 4 Touch right foot beside left
- 5 Step forward with the right foot
- 6 Touch left foot beside right, gliding it into place
- 7 Left foot, turning left $\frac{1}{4}$ turn
- 8 Touch right foot beside left

REPEAT

Cross Sway can be danced by persons who feel they must use walkers. The tempo and movements are planned to allow easy manipulation of a walker, with or without wheels. Experience indicates that most dancers find the ability to dance without their walkers once they become accustomed to the steps.