Cruisin'

级数: Improver

编舞者: Neil Hale (USA)

音乐: Still Cruisin' - The Beach Boys

Alt. music: No News by Lonestar

拍数: 32

CROSS BREAKS AND CHA-CHA-CHAS

- Cross/rock left over right, recover to right 1-2
- 3&4 Triple in place stepping left, right, left
- 5-6 Cross/rock right over left, recover to left
- 7&8 Triple in place stepping right, left, right

FORWARD & BACK WITH CHA-CHA-CHAS

- 1-2 Rock left forward, recover to right
- 3&4 Shuffle back stepping left, right, left
- 5-6 Rock right back, recover to left
- 7&8 Shuffle forward stepping right, left, right

STEP-PIVOT TURN ½ RIGHT (TWICE)

- Step left forward, turn 1/2 right (weight to right) 1-2
- 3-4 Step left forward, turn 1/2 right (weight to right)

LEFT & RIGHT VINE WITH TURNS

- 1-2 Step left to side, cross right behind left
- 3-4 Turn ¼ left and step left forward, step right forward
- 5 Turn ¹/₂ left (weight to left)
- 6 Turn ¼ left and step right to side (12:00)
- 7-8 Cross left behind right, turn 1/4 right and step right forward
- 9-10 Step left forward, turn 1/2 right (weight to right)
- 11 Turn ¹/₄ right and step left to side (12:00)
- 12 Step right together

REPEAT





墙数:1