

The Crush Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0 级数:
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音乐: Crush - Nick Ashton



BASIC CHA-CHA

1-2-3&4 Rock left forward, recover on right, shuffle in place stepping left, right, left
5-6-7&8 Rock right back, recover on left, shuffle in place stepping right, left, right

TURNING CHA-CHA

1-2-3&4 Step left forward, turn ½ right (weight to right, shuffle turning ½ right and step left, right, left (12:00))

Release left hands and hold right hands while turning

5-6-7&8 Rock right back, recover on left, shuffle in place stepping right, left, right

GRAPEVINE LEFT; GRAPEVINE RIGHT

1-4 Step left diagonally forward, cross right behind left, step left to side, brush right
5-8 Step left diagonally forward, cross left behind right, step right to side, brush left

HALF TURNS, SHUFFLE FORWARD

1-4 Step left forward, turn ½ right (weight to right), step left forward, turn ½ right (weight to right)

Release left hands and hold right hands while turning

5&6 Shuffle forward stepping left, right, left
7&8 Shuffle forward stepping right, left, right

REPEAT
