

Country Macarena

COPPER KNOB
STEPSHEETS

拍数: 16 墙数: 4 级数: Beginner
编舞者: Dennis Foley (AUS) & Verity Mills (AUS)
音乐: Macarena - The GrooveGrass Boyz



Do the normal Macarena with the following "Country Dance Choreography and Attitude"

Through out dance "grind" hips in a figure 8 action

1&2& Left forward and to the left, right forward and to the right

Dance the last four beats as follows

1&2& Grind hips twice (left, then right)

3 With head tilted forward, barrel roll hands three times

& Jump turning $\frac{1}{4}$ left on the spot

4& Land with head back and thumbs up, and shout "hey"

REPEAT