

The Country Pride Hitch

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: June Shuman (USA)
音乐: Emotional Girl - Terri Clark



The song "Any Way The Wind Blows" has a short intro during which the music stops. Wait after the first 16 beats, when the music begins again, to start the dance.

HEEL SPLITS

- 1 On balls of both feet, twist heels out
- 2 Twist heels back to center
- 3-4 Repeat steps 1-2

RIGHT HEEL HOOK

- 5 Tap right heel forward
- 6 Hook right foot across left shin
- 7 Tap right heel forward
- 8 Step right foot next to left
- 9-12 Repeat steps 1-4

LEFT HEEL HOOK

- 13 Tap left heel forward
- 14 Hook left foot across right shin
- 15 Tap left heel forward
- 16 Step left foot next to right

TOE STRUTS WITH KNEE ROLLS

- 17 Tap right toe forward and slightly turned in toward left foot
- 18 Roll right knee out and slap right heel down
- 19 Tap left toe forward and slightly turned in toward right foot
- 20 Roll left knee out and slap left heel down
- 21-24 Repeat steps 17-20

RIGHT VINE

- 25 Step right foot to right side
- 26 Cross left foot behind right
- 27 Step right foot to right side
- 28 Hitch left leg (slight hop on right foot)

LEFT VINE

- 29 Step left foot to left side
- 30 Cross right foot behind left
- 31 Step left foot to left side
- 32 Hitch right leg (slight hop on left foot)
- 33 Step right foot forward
- 34 Hitch left leg (scoot forward on right foot)
- 35 Step left foot forward
- 36 Hitch right leg (scoot forward on left foot)

JAZZ BOX WITH TURN

- 37& Swing right foot over left while pivoting on ball of left foot, making $\frac{1}{4}$ turn to left, and step right foot crossed in front of left

- 38 Step left foot back
- 39 Step right foot to right side
- 40 Step left foot next to right

SHIMMIES

- 41-42 Step right foot to right side (knees slightly bent), and shimmy shoulders
- 43-44 Touch left foot beside right and hold
- 45-46 Step left foot to left side (knees slightly bent), and shimmy shoulders
- 47-48 Step right foot next to left and hold

REPEAT
