Country Rock Stomp



拍数: 48 墙数: 2 级数: Improver

编舞者: Ken Rock (USA)

音乐: Some Kinda Good Kinda Hold On Me - Toby Keith



SIDE SHUFFLES AND ROCK STEPS

1&2 Right shuffle sideways to the right (right, left, right)

3 Step back with left foot

4 Rock weight forward onto right foot

5&6 Left shuffle sideways to the left (left, right, left)

7 Step back with right foot

8 Rock weight forward onto left foot

STEP, PIVOT, STOMP, STOMP, HEEL, CROSS, HEEL, TOUCH

Step forward with right foot
Pivot ½ turn to the left
Stomp right foot together

12 Stomp left together (weight stays on left)

13 Touch right heel forward

14 Cross right foot in front of left leg

Touch right heel forwardTouch right together

DIAGONAL STEP TOUCHES WITH CLAPS

17 Step forward diagonally right with right foot

18 Touch left together and clap

19 Step forward diagonally left with left foot

20 Touch right together and clap

21 Step back diagonally right with right foot

22 Touch left together and clap

23 Step back diagonally left with left foot

24 Touch right together and clap

RIGHT VINE

Step side right with right foot
Cross left foot behind right foot
Step side right with right foot

28 Stomp left foot together (weight ends on right)

LEFT VINE

Step side left with left foot
Cross right foot behind left foot
Step side left with left foot

32 Stomp right foot together (weight stays on left)

2 RIGHT KICK-BALL-CHANGES

33 Kick right foot forward

& Quickly step down on ball of right foot

34 Step in place with left foot (weight ends on left)

35 Kick right foot forward

& Quickly step down on ball of right foot

MONTEREY TURN

37 Touch right toe to right side

38 Turn ½ turn to the right on ball of left foot

End with weight on right foot beside left foot 39 Touch left toe to left side

40 Step left together (weight ends on left foot)

CROSS, POINT, CROSS, POINT

41 Cross right foot over left foot
42 Point left toes to left side
43 Cross left foot over right foot
44 Point right toes to right side

STEP, ¼ PIVOT, STEP, ¼ PIVOT

45 Step forward with right foot 46 Pivot ¼ turn left (to the left) 47 Step forward with right foot

48 Pivot ¼ turn left (to the left) (weight ends on left)

REPEAT