

Cold Outside

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Cold Outside - Big House



ROCK FORWARD-BACK-BACK-FORWARD / 2X STEP ½ TURN

1-2 Step forward on left, rock weight back onto right
3-4 Step back on left, rock weight forward onto right
5-6 Step forward on left, pivot ½ turn right
7-8 Step forward on left, pivot ½ turn right

2X (ELVIS) HIP CIRCLES / BACK ROCK / SHUFFLE FORWARD

1 Step left forward starting to circle hips to left
2 Finish circling hips to left keeping weight on left foot
3 Start to circle hips to left
4 Finish circling hips to left smoothly rocking weight back onto right foot
5-6 Step back on left, rock weight forward onto right
7&8 Shuffle forward on left-right-left

CROSS-SIDE-BACK-CROSS-SIDE ¼ TURN-TOGETHER-CROSS-POINT

1-2 Cross step right over in front of left, step left to left side
3-4 Step right slightly back, cross step left over in front of right
5-6 Step right to right side making ¼ turn left, step left next to right
7-8 Cross step right over in front of left, point left toes to left side

CROSS-UNWIND / SHUFFLE FORWARD / HIP BUMPS

1-2 Cross left over in front of right, unwind ½ turn right (weight on left)
3&4 Shuffle forward on right-left-right
5&6 Step left forward bumping hips left, bump hips right, bump hips left
7&8 Step right forward bumping hips right, bump hips left, bump hips right

REPEAT
