Columbine Waltz (P)



拍数: 33 墙数: 0 级数: Partner

编舞者: Gail Smith (USA)

音乐: Rock & Roll Waltz - Scooter Lee



Position: Couples both facing line of dance (counterclockwise floor direction); Lady Standing on the man's right side; each will have heels together; his left hand will hold her left hand either in front of his left shoulder, in front of and slightly higher than his waist, or in front of the lady's left shoulder; his right arm will reach behind the lady and hold her right hand in his right hand slightly to the right of her right shoulder

1	Right foot step forward	
2	Left toe step forward	
3	Toes pivot ½ turn to the right and arms will pivot with the move	
4	Left foot step forward	
5	Right toe step forward	
6	Toes pivot $\frac{1}{4}$ turn to the left and arms will pivot with the move (the man stands directly behind the lady with hands held at shoulder height)	
MAN-MODIFIED VINE TO THE LEFT		

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LADY-FULL TURN TO THE LEFT & DROP LEFT HANDS			
7	MAN: Right foot step in front of left leg to the left and raise right hands over lady's head		
	LADY: Left toe pivot ½ turn to the left and then right toe step to the right		
8	MAN: . Left foot step to left		
	LADY: Right toe pivot ½ turn to the left and then left foot step to the left		
9	MAN: Right foot step behind left leg to the left, lowering right hands to shoulder height, and rejoin left hands at shoulder height		
	LADY: Right foot step in front of left leg to the left		
10	Left foot step to the left and body sway to the left		
11	Body sway to the right		
12	Body sway to the left		

MAN-MODIFIED VINE TO THE RIGHT

LADY-FULL	TURN TO THE RIGHT &. DROP LEFT HANDS
13	MAN: Right foot step in place, weigh shifts to right foot, and raise right hands over lady's head ¼ turn to the right
	LADY: Right toe step in place
14	MAN: Left foot step behind right leg to the right
	LADY: Right toe pivot 1/4 turn to the right and then left toe step to the left
15	MAN: Right foot step to the right, dropping right hands to shoulder height, and rejoin left hands at shoulder height
	LADY: Left toe pivot $\frac{1}{2}$ turn to the right and then right foot step to the right side
16	Left foot step in front of right leg to the right

16	Left foot step in front of right leg to the right
17	Right foot step to the right and body sway to the right
18	Body sway to the left
19	Right foot step forward
20	Left toe step forward
21	Toes pivot ¼ turn to the right and arms will pivot with the move
22	Left foot step forward
23	Right toe step forward
24	Toes pivot ½ turn to the left and arms will pivot with the move

&	MAN: Drop left hands, bend left elbow, keeping forearm across and against your waist
25	MAN: Right foot step forward and raise right hands over lady's head
	LADY: Left toe pivot ¼ turn to the left and then right toe step to the right
26	MAN: Left foot step to close to right foot
	LADY: Right toe pivot ½ turn to the left and then left foot step to the left
27	MAN: Right foot step slightly forward and lower right hands to shoulder height
	LADY: Left toe pivot ¼ turn to the left and then right foot step forward
28	Left foot step forward
29	Right foot step to close to left foot
30	Left foot step slightly forward
31	MAN: Right foot step forward and raise right hands over lady's head
	LADY: Left toe pivot ¼ turn to the left and then right toe step to the right
32	MAN: Left foot step to close to right foot
	LADY: Right toe pivot ½ turn to the left and then left foot step to the left
33	MAN: Right foot step slightly forward, lowering right hands to shoulder height and rejoin left hands at shoulder height
	LADY: Left toe pivot ¼ turn to the left and then right foot step forward
34	Left foot step forward
35	Right foot step to close to left foot
36	Left foot step slightly forward

REPEAT