

Copacabana

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Paul Clifton (UK)
音乐: Copacabana - Barry Manilow



½ VINE RIGHT, KICK BALL CROSS, MODIFIED MONTEREY ½ TURN (MAMBO STEPS)

- 1-2 Step right to right side & slightly forward, slide left behind right, popping right knee forward
- 3&4 Flick kick right leg forward, step slightly back on ball of right, cross step left over right
- 5&6 Step & rock right to right side, pivot ½ turn right on ball of left, step right next to left
- 7&8 Step & rock left to left side, rock weight back to right, step left next to right (with weight)

STEP LOCK, STEP SLIDE, STEP ROCK FORWARD & BACK, SCOOT BACK TWICE (SKIPS)

During counts 1-4 body is angled slightly right

- 1-2 Step right to right side toe angled right, slide left behind right in lock position left toe also angled right
- 3-4 Step right small step right, slide left behind right, step small step right
- 5-6 Rock step left forward (body is now facing back wall), recover back onto right
- &7 Scoot back on ball of right, step back on left
- &8 Scoot back on ball of left, step back on right

COASTER STEP, RIGHT LOCK STEP, LEFT LOCK STEP, FORWARD PRISSY WALKS

- 1&2 Step back on left foot, step right next to left, step forward on left
- 3&4 Step right forward & across left, lock left behind right, step right forward & across left
- 5&6 Step left forward & across right, lock right behind left, step left forward & across right
- 7&8 Step right forward & across left angling body left, step left forward across right angling body right

The styling for 7&8 is to twist the body left to right preparing for the cross rock step below. Also these are quite strong steps (but not stomps)

CROSS ROCK STEP, TRIPLE ¾ TURN, CROSS ROCK STEP, COASTER CROSS

- 1-2 Cross rock right over left, recover back onto left
- 3&4 Triple ¾ turn over right shoulder stepping right, left, right
- 5-6 Cross rock left over right, recover back onto right
- 7&8 Step back on left, step right next to left, cross step left over right

REPEAT