

Cornbread And Chicken

COPPER KNOB
STEPPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Paula Baker (USA)
音乐: Where I Come from - Alan Jackson



STOMP RIGHT FOOT FORWARD (SLIGHTLY DIAGONAL); THREE HEEL BOUNCES, REPEAT WITH LEFT FOOT

- 1-4 Lightly stomp right foot forward (slightly diagonal); raise right heel and tap three times (taking weight on last tap) (thumbs in belt loops)
5-8 Stomp left foot forward (slightly diagonal); raise left heel and tap three times (thumbs in belt loops)

HEEL/TOE TOUCHES AND MONTEREY TURNS (2 SETS)

- 1-4 Touch right heel forward, touch right toe beside left, point right toe out to side, make ½ turn to right stepping on right
5-8 Point left toe out to side, touch left toe next to right, touch left heel forward, then step together next to right (weight on left - now facing 6:00)
1-8 Repeat above steps; when completed you are facing 12:00 again

HEEL/TOE TOUCHES AND SHUFFLES

- 1-2 Touch right heel forward (leaning body back), touch right toe back (leaning body forward)
3&4 Shuffle forward (right, left, right)
5-6 Touch left heel forward (leaning body back), touch left toe back (leaning body forward)
7&8 Shuffle forward (left, right, left)

VINE RIGHT; HEEL JACKS

- 1-4 Step to right, step behind with left, step to right, touch with left
&5-6 Step back on left, touch right heel forward (on a diagonal), hold
&7-8 Step back on right, touch left heel forward (on a diagonal), hold

VINE LEFT WITH ¼ TURN; TWO ½ TURNS

- 1-4 Step to left, step behind with right, step ¼ turn left, touch with right
5-8 Step right forward, pivot ½ turn left on left, step right forward, pivot ½ turn left on left (facing 9:00)

REPEAT
