

Chow Baby

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Pat MacDonald (CAN)
音乐: (If You're Not In It for Love) I'm Outta Here! - Shania Twain



TOE & HEEL TOUCH WITH CROSS ROCK

1-2 With weight on left foot, touch right toe next to left instep; touch right heel next to left instep
3&4 Step right over left & rock on right, rock back on left, rock over on right
5-6 With weight on right foot, touch left toe next to right, instep; touch left heel next to right instep
7&8 Step left over right and rock on left, rock back on right, rock over on left.

RIGHT VINE

9-12 Step to right with right, cross left behind right, step to right with right, touch left together with right

HALF TURN WITH KICK-BALL-TOUCH

13-16 Step forward on left, ½ pivot right. (weight is on right) left kick-ball-touch. (kick left forward, step on left, touch right next to left)
17-32 Repeat steps 1-16

SHUFFLES WITH TWO ¼ TURNS TO RIGHT

33-40 3-step shuffle making ¼ turn right (right-left-right). 3-step shuffle in place (left-right-left). 3-step shuffle making ¼ turn right (right-left-right). 3-step shuffle in place (left-right-left)

TURNING RIGHT AND LEFT VINES (TURNING IS OPTIONAL)

41-48 Starting full turn to right, step right, left, right touch left and clap. Starting full turn to left, step left, right, left, step right together with left and clap

HEEL & TOE SWIVELS WITH CLAP

49-56 Swivel both heels right, toes right, heels right, clap. Swivel both heels left, toes left, heels left, clap.

HIP BUMPS

56-60 Two hip bumps right, two hip bumps left.

FULL TURN TO RIGHT

60-64 Full turn to the back right, step right, step left, step right, step on left. (you travel slightly back in this turn.)

REPEAT
