Claudette



音乐: Claudette - Dwight Yoakam



TOES-HEELS-TOES-HEELS (SWIVELS TO THE RIGHT)

During the swivels, you are moving to the right.

On the heels of the feet, pivot both toes to the right
On the balls of the feet, pivot both heels to the right
On the heels of the feet, pivot both toes to the right
On the balls of the feet, pivot both heels to the right

HITCH LEFT-TOUCH LEFT-HITCH LEFT-TOGETHER LEFT

5	Turning the body	v slightly to the rig	ht_raise the left k	nee up to waist level
•	Turring the body	y ongriuy to the rig	it, iaioc tilo loit iv	rice up to waist level

6 Straightening the body, touch the left foot next to the right foot

7 Turning the body slightly to the right, raise the left knee up to waist level Straightening the body, bring the left foot together with the right foot

HEELS-TOES-HEELS-TOES (SWIVELS TO THE LEFT)

During the swivels, you are moving to the left.

9 On the balls of the feet, pivot both heels to the left, 10 On the heels of the feet, pivot both toes to the left 11 On the balls of the feet, pivot both heels to the left 12 On the heels of the feet, pivot both toes to the left

HITCH RIGHT-TOUCH RIGHT-HITCH RIGHT-TOUCH RIGHT JUMP-HOLD/CLAP-JUMP-HOLD/CLAP

13	Turning the hedy clightly to the left raise the right kneed up to waist level
10	Turning the body slightly to the left, raise the right knee up to waist level

14 Straightening the body, touch the right foot next to the left foot

15 Turning the body slightly to the left, raise the right knee up to waist level

16 Straightening the body, touch the right foot next to the left foot

17-18 Jump or scoot forward on both feet, hold for one beat of music and clap
19-20 Jump or scoot forward on both feet, hold for one beat of music and clap

BENDING KNEES, FORWARD RIGHT-LEFT-TOGETHER-CLAP

21	Step forward on the right foot while slightly bending the knees
22	Step forward on the left foot while further bending the knees

23 Bring the right foot together with the left foot while slightly straightening the knees

24 Clap the hands once while fully straightening the knees

SIDE LEFT-SIDE LEFT-CROSS LEFT TOE-LOWER LEFT HEEL

Touch the left foot out to the left side, touch the left foot out to the left side Cross the left in front of the right, touching only the ball of left on the floor

28 Lower the left heel to the floor

SIDE RIGHT-SIDE RIGHT-CROSS RIGHT TOE-LOWER RIGHT HEEL

Touch the right foot out to the right side, touch the right foot out to the right side Cross the right in front of the left, touching only the ball of right on the floor

32 Lower the right heel to the floor

PIVOT ½ TURN LEFT WHILE SWAYING HIPS RIGHT-SWAY LEFT-RIGHT-LEFT

On the balls of the feet, pivot ½ turn to the left while swaying the hips to the right Sway the hips to the left, sway the hips to the left

RIGHT SHUFFLE FORWARD-LEFT SHUFFLE FORWARD

37&38 Right shuffle forward 39&40 Left shuffle forward

JUMP-HOLD/CLAP-JUMP-HOLD/CLAP

Jump or scoot forward on both feet, hold for one beat of music and clap

Jump or scoot forward on both feet, hold for one beat of music and clap

BENDING KNEES, FORWARD RIGHT-LEFT-TOGETHER-CLAP

Step forward on the right foot while slightly bending the knees
Step forward on the left foot while further bending the knees

47 Bring the right foot together with the left foot while slightly straightening the knees

48 Clap the hands once while fully straightening the knees

REPEAT