# Clean Up To The Elbow!



编舞者: Guyton Mundy (USA) 音乐: Amos Moses - Jerry Reed



## WALKS, FORWARD SAILORS (TWICE), ½ TURNING TRIPLE STEP

1-2	Walk forward right, le	eft

3&4 Step right behind left, step left together, step right in forward5&6 Step left behind right, step right together, step left in forward

7&8 Step right foot back, turn ¼ right and step left foot together, turn ¼ right and step right foot

forward

## WALKS, SHUFFLES, ROCK/RECOVER, 3/4 TURN

3&4 Shuffle forward left, right, left

5-6 Rock forward on right, recover back on left

7-8 Step back on right while making a ¼ turn to the right, make a ½ turn to the right while

stepping left to left side

#### SYNCOPATED VINE, ROCK/RECOVER, SAILOR, SCUFF, ½ TURN, HITCH

1&2 Step right behind left, step left to left side, cross right in front of left

3-4 Rock left to left side, recover right

Step left behind right, step right together, step left forward

7&8 Scuff right foot forward while making ¼ turn left, scuff right foot back while making ¼ turn left,

step back on right while hitching left leg up

### STEP, 1/2 TURN SAILORS, STEP, POINT, CROSS, KICK, BALL

1 Step forward on left

Step right behind left, step left together, step right forward while making ¼ turn left Step left behind right, step right together, step left forward while making ¼ turn left

6 Step forward on right

7&8& Kick left heel forward, hitch left across right, kick left foot forward, step on ball of left foot

Transition from end of dance to beginning is a kick ball change on counts 8&1

#### **REPEAT**