Catch - Ya Later



编舞者: Troy Lidgard (AUS)

音乐: Bye Bye - Jo Dee Messina



1-2 3&4 5-6 7&8	Step forward on right at 45 degrees right, drag left next to right Step forward on right at 45 degrees right, slide left next to right, step forward on right at 45 degrees right Step forward on left at 45 degrees left, drag right next to left Step forward on left at 45 degrees left, slide right next to left, step forward on left at 45 degrees left
9-10 11&12 13-14 15-16	Rock/step forward on right, rock/step back on left Step back on right, step ball of left next to right, step forward on right Step forward on left, pivot ½ turn right with weight on right Step forward on left, pivot ½ turn right with weight on right
17-18 19&20 21-22 23& 24	Rock/step forward on left, rock/step back on right Step back on left, slide right next to left, step back on left Rock/step back on right, rock/step forward on left Step forward on right with ½ left step left behind right with ½ turn left Step right across in front of left with ½ turn left
25&26 27&28 29-30 31-32	Step left behind right, step ball of right to right side, step left to left side Step right behind left, step ball of left to left side, step right to right side Step left to left side with ¼ turn left, touch ball of right to right side Step right across in front of left, hold & clap
33-34 35-36 37-38 &39&40	Touch ball of left to left side, step left across in front of right Touch ball of right to right side, hold & clap Step right across in front of left, pivot ½ turn left with weight on left Step back on right, touch left heel at 45 degrees left, step left next to right, touch ball of right next to left
&41 &42 &43-44 &45 &46 &47-48	Step back on right with ¼ turn left, touch left heel at 45 degrees left Step left next to right, touch ball of right next to left Step right to right side, step left to left side, touch ball of right next to left Step back on right with ¼ turn left, touch left heel at 45 degrees left Step left next to right, touch ball of right next to left Step right to right side, step left to left side, touch ball of right next to left
49-50 51&52 53-54 55&56	Step right to right side, step left behind right Step right to right side, slide left next to right, step right to right side Step left to left side, step right behind left Step left to left side with ¼ turn left, slide right next to left, step left to left side
57-58 59&60 61-62 63&64	Touch ball of right in front of left, touch ball of right to right side Step ball of right behind left, raise heels, step down on heels (weight on right) Touch ball of left in front of right, touch ball of left to left side Step ball of left behind right, raise heels, step down on heels (weight on left)

REPEAT

When teaching the dance, you can teach counts 23 & 24 as a $\frac{1}{2}$ turn left instead of a 1 $\frac{1}{2}$ turn left ($\frac{1}{2}$ turn side shuffle). Once they are comfortable with the dance they can add the full turn to make it a 1 $\frac{1}{2}$ turn.