

# Catch My Breath

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Mick Herbert (UK)  
音乐: Breathless - The Corrs



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## KICK, KICK, COASTER STEP, KICK, KICK, TOE BALL CHANGE ¼ TURN RIGHT

1-2      Kick right forward twice  
3&4      Step back right, step left beside right, step forward right  
5-6      Kick left forward twice  
7&8      Touch left toe back, step left beside right, step forward right making ¼ turn right

## LEFT SHUFFLE, RIGHT SHUFFLE, ROCK STEP, TRIPLE STEP ¾ TURN LEFT

9&10      Step forward left, close right next to left, step forward left  
11&12      Step forward right, close left next to right, step forward right  
13-14      Rock forward on left, rock back on right  
15&16      Triple step ¾ turn left - stepping left, right, left

## TOE SWITCHES, SIDE SHUFFLE, CROSS ROCK, SHUFFLE TURN ¼ LEFT

17&18      Touch right to right side, step right beside left, touch left to left side  
&19      Step left beside right, step right to right side  
&20      Close left beside right, step right to right side  
21-22      Cross rock left over right, rock back on right  
23&24      Step left to left side, close right beside left, step left to left side making ¼ turn left

## ROCK STEP, HEEL SWITCHES, TOE TAPS, LEFT SHUFFLE

25-26      Rock forward on right, rock back on left  
&27      Step right beside left, touch left heel forward  
&28      Step left beside right, touch right heel forward  
&29-30      Step right beside left, tap left toe back twice  
31&32      Step forward left, close right next to left, step forward left.

**REPEAT**

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