Cathy's Cruise

拍数: 24

级数: Improver

编舞者: "Rodeo" Ruth Lambden (UK)

音乐: My Heart Will Go On (Dance Mix) - Céline Dion

Choreographed in memory of Cathy, who lost the battle against cancer in May '98

TOUCH-HITCH, CROSS SHUFFLE (RIGHT & LEFT)

- 1 Touch right toe out to right side
- 2 Hitch right knee up
- 3&4 Cross right foot over left, shuffle to side on right, left, right (traveling to left)
- 5 Touch left toe out to left side
- 6 Hitch left knee up
- 7&8 Cross left foot over right, shuffle to side on left, right, left (traveling to right)

RIGHT CHASSE, CROSS SHUFFLE, RIGHT CHASSE, CROSS BEHIND SHUFFLE

- 9 Step right to right side
- & Step left next to right
- 10 Step right to side
- 11&12 Cross left foot over in front of right and shuffle to side on left, right, left
- 13 Step right to right side
- & Step left next to right
- 14 Step right to side
- 15&16 Cross left foot behind right, shuffle to side on left, right, left

This can be done as a slow weave: side right, hold, cross left over right, hold, side right, hold, cross left behind, hold

¼ TURN LEFT, ¼ TURN RIGHT, ¼ TURN LEFT, CLAPS, 2 FORWARD SHUFFLES

- 17 With left foot still crossed behind right, turn whole body 1/4 left on balls of both feet
- 18 On balls of both feet, turn body 1/4 right
- 19 On balls of both feet, turn body 1/4 left
- &20 Clap hands twice
- 21&22 Shuffle forward on right, left, right
- 23&24 Shuffle forward on left, right, left

REPEAT





墙数:4