Celtic Boots



拍数: 32 墙数: 4 级数: Intermediate

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音乐: Cry of the Celts - Ronan Hardiman



SUGAR FOOT, AND CROSS AND CROSS, HEEL JACKS TWICE

1-2	Touch right toe to left instep, touch ri	aht heel to left insten

Step to right side with right, cross left over right

Step to right side with right, cross left over right

Step back on right, touch left heel forward, step to left side on left, cross right over left Step back on left, touch right heel forward, step to right side on right, step forward on left

STEP, 1/2 TURN, STEP, HEELS OUT, HEELS IN, TWICE

1-2 Step forward right, pivot ½ turn left

3&4 Step forward right, on balls of both feet swivel both heels out and in

5-6 Step forward left, pivot ½ turn right

7&8 Step forward left, on balls of both feet swivel both heels out and in

1/2 MONTEREY TURN, CHASSE LEFT, BACK ROCK WITH 1/4 TURN RIGHT, POINT RIGHT AND LEFT

1-2 Point right toe to right side, pivot ½ turn right on ball of left stepping right next to left

Step left to left side, step right beside left, step left to left side Rock back on right making ¼ turn right, rock forward on left

7&8 Point right toe to right side, step right beside left, point left toe to left side

STEP LEFT TOGETHER, ½ MONTEREY TURN, CHASSE LEFT, BACK ROCK STEP RIGHT PIVOTING ½ TURN LEFT, STEP LEFT TOGETHER

&1 Step left beside right, point right toe to right side

2 Pivot ½ turn right on ball of left stepping right next to left 3&4 Step left to left side, step right beside left, step left to left side

5-6 Rock back on right, rock forward on left

7-8 Step right to right side pivoting ½ turn left on ball of right, step left beside right

REPEAT

From the 5th wall onwards, optional claps can be introduced in sections 1 and 2

In section 1 - on count 1 and on count 2

In section 2 - on the offbeat following counts 1, 2, 5 and 6