

Cha-Cha Hombre (L/P)

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Intermediate line/partner dance
编舞者: Don Deyne (USA)
音乐: I Am That Man - Brooks & Dunn



MAN'S STEPS OR SOLO STEPS

SIDE LEFT, BACK RIGHT, STEP LEFT, SIDE RIGHT & LEFT TOGETHER, SIDE RIGHT, ROCK LEFT, BACK RIGHT, SIDE LEFT & RIGHT TOGETHER

- 1-2-3 Step left to side, rock right back, recover to left
- 4& Step right to side, step left together
- 5-6-7 Step right to side, rock left forward, recover to right
- 8& Step left to side, step right together

SIDE LEFT, BACK RIGHT, STEP LEFT, SIDE RIGHT & LEFT TOGETHER, SIDE RIGHT, CROSS LEFT, STEP RIGHT, SIDE LEFT & RIGHT TOGETHER

- 9-10-11 Step left to side, rock right back, recover onto left
- 12& Step right to side, step left together
- 13-14-15 Step right to side, cross left over right, recover onto right
- 16& Step left to side, step right together

SIDE LEFT, CROSS RIGHT, STEP LEFT, SIDE RIGHT & LEFT TOGETHER, ¼ RIGHT, STEP LEFT, ½ RIGHT, ¼ RIGHT/SIDE LEFT & RIGHT TOGETHER

- 17-18-19 Step left to side, cross right over left, recover onto left
- 20&21 Step right to side, step left together, turn ¼ right and step right forward
- 22-23 Step left forward, turn ½ right (weight to right)
- 24& Turn ¼ right and step left to side, step right together

¼ LEFT, STEP RIGHT, ½ LEFT, ¼ LEFT/SIDE RIGHT & LEFT TOGETHER, SIDE RIGHT, ROCK LEFT, BACK RIGHT, BACK LEFT & RIGHT TOGETHER

- 25 Turn ¼ left and step left forward, step right forward, turn ½ left (weight to left)
- 28&29 Turn ¼ left and step right to side, step left together, step right to side
- 30-31 Rock left forward, recover onto right
- 32& Step left back, step right together

BACK LEFT, BACK RIGHT, ROCK LEFT, STEP RIGHT, LEFT TOGETHER, STEP RIGHT, STEP LEFT, ½ RIGHT, BACK LEFT & RIGHT TOGETHER

- 33-34-35 Step left back, rock right back, recover onto left
- 36&37 Step right forward, step left together, step right forward
- 38-39 Step left forward, turn ½ right (weight to right)
- 40& Step left forward, step right together

STEP LEFT, STEP RIGHT, ½ LEFT, STEP RIGHT & LEFT TOGETHER, STEP RIGHT, ROCK LEFT, BACK RIGHT, BACK LEFT & RIGHT TOGETHER

- 41-42-43 Step left forward, step right forward, turn ½ left (weight to left)
- 44&45 Step right forward, step left together, step right forward
- 46-47 Rock left forward, recover onto right
- 48& Step left back, step right together

BACK LEFT, BACK RIGHT, ROCK LEFT, SIDE RIGHT, LEFT TOGETHER, SIDE RIGHT, CROSS LEFT, BACK RIGHT, SIDE LEFT & RIGHT TOGETHER

- 49-50-51 Step left back, rock right back, recover to left
- 52&53 Step right to side, step left together, step right to side

54-55 Cross/rock left over right, recover onto right
56& Step left to side, step right together

SIDE LEFT, CROSS RIGHT, STEP LEFT, SIDE RIGHT & LEFT TOGETHER, SIDE RIGHT, ROCK LEFT, BACK RIGHT, SIDE LEFT & RIGHT TOGETHER

57-58-59 Step left to side, cross/rock right over left, recover onto left
60&61 Step right to side, step left together, step right to side
62-63 Rock left forward, recover onto right
64& Step left to side, step right together

REPEAT

LADY'S STEPS

SIDE RIGHT, ROCK LEFT, BACK RIGHT, SIDE LEFT & RIGHT TOGETHER, SIDE LEFT, BACK RIGHT, STEP LEFT, SIDE RIGHT & LEFT TOGETHER

1-2-3 Step right to side, rock left forward, recover onto right
4&5 Step left to side, step right together, step left to side
6-7 Rock right back, recover onto left
8& Step right to side, step left together

SIDE RIGHT, ROCK LEFT, BACK RIGHT, SIDE LEFT & RIGHT TOGETHER, SIDE LEFT, CROSS RIGHT, STEP LEFT, SIDE RIGHT & LEFT TOGETHER

9-10-11 Step right to side, rock left forward, recover to right
12&13 Step left to side, step right together, step left to side
14-15 Cross/rock right over left, recover onto left
16& Step right to side, step left together

SIDE RIGHT, CROSS LEFT, STEP RIGHT, SIDE LEFT & RIGHT TOGETHER, ¼ LEFT, STEP RIGHT, ½ LEFT, ¼ LEFT/SIDE RIGHT & LEFT TOGETHER

17-18-19 Step right to side, cross/rock left over right, recover onto right
20&21 Step left to side, step right together, turn ¼ left and step left forward
22-23 Step right forward, turn ½ left (weight to left)
24& Turn ¼ left and step right to side, step left together

¼ RIGHT, STEP LEFT, ½ RIGHT, ¼ RIGHT/SIDE LEFT & RIGHT TOGETHER, SIDE LEFT, BACK RIGHT, STEP LEFT, SIDE RIGHT & LEFT TOGETHER

25-26-27 Turn ¼ right and step right forward, step left forward, turn ½ right (weight to right)
28&29 Turn ¼ right and step left to side, step right together, step left to side
30-31 Rock right back, recover onto left
32& Step right forward, step left together

STEP RIGHT, ROCK LEFT, BACK RIGHT, BACK LEFT & RIGHT TOGETHER BACK LEFT, BACK RIGHT, ROCK LEFT, STEP RIGHT, LEFT TOGETHER

33-34-35 Step right forward, rock left forward, recover to right
36&37 Step left back, step right together, step left back
38-39 Rock right back, recover onto left
40& Step right forward, step left together

STEP RIGHT, STEP LEFT, ½ RIGHT, STEP LEFT & RIGHT TOGETHER, STEP LEFT, STEP RIGHT, ½ LEFT, STEP RIGHT & LEFT TOGETHER

41-42-43 Step right forward, step left forward, turn ½ right (weight to right)
44&45 Step left forward, step right together, step left forward
46-47 Step right forward, turn ½ left (weight to left)
48& Step right forward, step left together

STEP RIGHT, ROCK LEFT, BACK RIGHT, BACK LEFT & RIGHT TOGETHER, SIDE LEFT, CROSS RIGHT, STEP LEFT, SIDE RIGHT & LEFT TOGETHER

- 49-50-51 Step right forward, rock left forward, recover onto right
- 52&53 Step left to side, step right together, step left to side
- 54-55 Cross/rock right over left, recover onto left
- 56& Step right to side, step left together

SIDE RIGHT, CROSS LEFT, BACK RIGHT, SIDE LEFT RIGHT TOGETHER, SIDE LEFT, BACK RIGHT, STEP LEFT, SIDE RIGHT & LEFT TOGETHER

- 57-58-59 Step right to side, cross/rock left over right, recover onto right
- 60&61 Step left to side, step right together, step left to side
- 62-63 Rock right back, recover onto left
- 64& Step right to side, step left together

REPEAT

This is a basic cha-cha amalgamation based on steps learned in workshops with David Baggett and Sam and Judy Wright, about 2 years ago. Keep all your steps very small, applying Cuban motion as you become capable. To use these steps as a couples dance, begin in closed position, with the lady using opposite footwork. You may also choose to do the lady's opposite footwork as a line dance in contra. Now don't all you cha-cha purists start beating me up.
