

Cha Cha Loco (Cha Cha Crazy)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Pedro Machado (UK), Jo Thompson Szymanski (USA) & Alan "Renegade" Livett (UK)
音乐: I Like It Like That - The Blackout All Stars



SIDE, ROCK BACK, RECOVER, FORWARD CHA-CHA, STEP, TURN ½ LEFT, KICK, CROSS OVER CHA-CHA

- 1-3 Step left foot to left side, rock back with right foot, replace weight forward to left foot
- 4&5 Step forward with right foot, step together with left, step forward with right
- 6 Step forward with left foot
- & Turning ½ left on left foot, hook right foot across front of left shin
- 7 Kick forward with right foot
- 8&1 Step right foot across front of left, small step left with left, step right foot across front of left

POINT, FLICK, CROSS & TOGETHER, CROSS & TOGETHER, TURN ½ LEFT, BALL CHANGE

- 2 Point left toe to left side, body turned to left 45-degree angle, ball of left foot in contact with floor
- 3 Turn body to right 45 degree angle, flick left foot up by bending left knee, lifting left foot up behind to back 45 degree angle, toe pointed upward, weight stays on right foot, bending right knee slightly.
- 4&5 Step left foot forward toward right 45 degree angle, facing front, small step to right side with right foot, step together with left foot, turning body to left 45 degree angle
- 6&7 Step right foot forward toward left 45 degree angle, facing front, small step to left side with left foot, step together with right foot turning body to right 45 degree angle
- 8&1 Facing front, step forward with left foot starting to turn ½ left, completing left ½ turn, rock on ball of right foot just behind left heel, step in place with left foot

KICK & BALL, & DOWN & UP, TURN ½ RIGHT, KICK & BALL, & DOWN & UP

- 2&3 Kick forward with right foot, step right foot beside left, place ball of left foot forward
- &4 Contract chest in slightly (&), bend both knees, arch chest, shoulders back, buttocks back
- &5 Contract chest in slightly starting to straighten legs (&), legs straight, arch chest, shoulders back, buttocks back
- & Step left foot beside right turning ½ right
- 6&7 Kick forward with right foot, step right foot beside left, place ball of left foot forward
- &8 Contract chest in slightly (&), bend both knees, arch chest, shoulders back, buttocks back
- &1 Contract chest in slightly starting to straighten legs (&), legs straight, arch chest, shoulders back, buttocks back

& TOE, & HEEL, & TOE, & HEEL, TURN ¼ LEFT WITH TOE SWEEP, TOGETHER, SIDE CHA-CHA

- &2 Place weight forward on left foot, touch ball of right beside left foot with right knee turned in
- &3 Step back with right foot, touch left heel forward
- &4 Place weight forward on left foot, touch ball of right beside left foot with right knee turned in
- &5 Step back with right foot, touch left heel forward
- 6 Place weight forward on left foot turning ¼ left, sweeping right toe around to right side
- 7 Step right foot beside left foot
- 8& Step left to left side, step right together (these 2 steps followed by count 1, the beginning of the dance create a side cha-cha.)

REPEAT