

Chamaica Mambo (P)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Partner
编舞者: Diane Jackson (UK)
音乐: How'd I Wind Up In Jamaica - Tracy Byrd



Position: Start in Closed western. Man facing OLOD. Opposite footwork unless stated. Man's steps listed

MAMBO TWICE

1&2 Rock forward on left, back on right, step left next to right (lady rocks back on right)
3&4 Rock back on right, forward on left, step right next to left (lady rocks forward on left)

(BOTH) ROCK & CROSS TWICE

5&6 Rock left to side left, recover onto right, cross left over right
7&8 Rock right to right side, recover onto left, cross right over left

SIDE SHUFFLE, ½ TURN SHUFFLE, ¼ TURN SHUFFLE, FORWARD SHUFFLE

9&10 Step left to left side, right next to left, left to left side, pivoting on the ball of left foot turn ½ turn away from each other (man turns right, lady turns left) ending back to back, continuing to shuffle up LOD
11&12 Step right to right side, left next to right, right to right side
13&14 Turn ¼ into LOD shuffle forward left, right, left
15&16 Forward shuffle, right, left, right (end holding inside hands)

SIDE ROCK, CROSS SHUFFLE TWICE (CROSS SHUFFLE BEHIND THE LADY, RELEASING HANDS)

17-18 Rock left to left side, recover onto right
19&20 Cross left over right, right to right side, cross left over right
21-22 Rock right to right side, recover onto left
23&24 Cross right over left, left to left side, cross right over left (end holding inside hands)

ROCK STEP, COASTER STEP TWICE

25-26 Rock forward on left, back on right
27&28 Step back on left, step right next to left, step forward on left
29-30 Rock forward on right, back on left
31&32 Step back on right, step left next to right, step forward on right

SIDE ROCK TRIPLE IN PLACE. (LADY TRIPLE INTO WRAP)

33-34 Rock left to left side, recover onto right
35&36 **MAN:** Triple left, right, left in place
 LADY: Turn a full turn left (right-left-right) into side by side wrap, right arm on top

(BOTH) FORWARD MAMBO, BACKWARD MAMBO

37&38 Rock forward on right, back on left, step right next to left
39&40 Rock back on left, forward on right, step left next to right

MAN-ROCK STEP, TRIPLE IN PLACE. (LADY- STEP PIVOT, TRIPLE INTO HAMMERLOCK)

41-42 **MAN:** Rock forward on right, back on left
 LADY: Step forward on left, pivot ½ turn right RLOD

Raise right arm

43&44 **MAN:** Triple in place right-left-right
 LADY: Triple a full turn right left-right-left into hammerlock

Left arm behind back

MAMBO TWICE

- 45&46 Rock forward on left, back on right, step left next to right (lady rocks back on right)
47&48 Rock back on right, forward on left, step right next to left (lady rocks forward on left)

MAN-CROSS, SIDE, TRIPLE IN PLACE LADY- WALK WALK SHUFFLE

- 49-50-51&52 **MAN:** Step left over right, right to right side, triple in place left-right-left
 LADY: Release left hand, raise right, walk forward right, left behind man turning $\frac{1}{2}$ turn right
 into LOD as you shuffle forward next to man right-left-right

Now holding inside hands in left side by side

MAN: BEHIND SIDE, TRIPLE $\frac{1}{4}$ TURN. LADY: CROSS, SIDE TRIPLE $\frac{1}{4}$ TURN

- 53-54-55&56 **MAN:** Step right behind left, left to left side, (raising left arm over lady's head) turning $\frac{1}{4}$ turn
 right triple right-left-right in place. Now facing OLOD in double hand hold
 LADY: Step left over right, step right to right side turning $\frac{1}{4}$ turn left triple left-right-left to face
 ILOD opposite man

SIDE ROCK CROSS SHUFFLE TWICE

- 57-58 Rock left to left side, recover onto right
59&60 Cross left over right, right to right side, cross left over right
61-62 Rock right to right side, recover onto left (rejoin into closed western)
63&64 Cross right over left, left to left side, cross right over left

REPEAT
