Chameleon

拍数: 40   **墙数:** 4   **级数:** Intermediate

编舞者: Ed Henry (USA)

音乐: Any slow-medium cha-cha beat

1-2	Rock forward with left foot, step back onto right foot
3&4	Turn ½ turn to the left (opposite wall) with a triple step, left-right-left.
5-6	Rock forward with right foot, step back onto left foot
7&8	Turning ½ turn to the right (this will be your beginning wall) with a triple step, right-left-right.
9-10	Step out with left foot, pivot turn to the right, step with right
11&12	Shuffle with left-right-left.
13-14	Step out with right foot, pivot turn to the left, step with left
15&16	Shuffle with right-left - right.
17-18	Lunge to the left side, back in place on right foot
19&20	Left-right-left.
21-22	Lunge to the right side, back in place on left foot
23&24	Right-left-right.
25-26	Step with left foot to left side, turn ½ turn to the left as you step with right foot
27-28	Complete full turn as you step left, touch right foot beside.
29-30	Step with right foot to right side, turn ½ turn to the right as you step with left foot
31-32	Complete full turn as you step right, touch left foot beside.
33&34	Shuffle forward (left-right-left)
35&36	Shuffle forward (right-left-right)
37	Step forward on left foot and make a ¼ turn to the right with the step
38	Bump hips to the left
39	Step onto right foot
40	Bump hips to the right

REPEAT