

California Two Star

拍数: 64 墙数: 0 级数:
编舞者: Nita Pearson (UK)
音乐: All My Rowdy Friends - Hank Williams, Jr.



HEEL TOUCHES FORWARD, TOE TOUCHES BACK

- 1-4 Touch right heel forward twice, touch right toe back twice
5-8 Touch right heel forward and clap, touch right toe back and clap

TOUCHES FORWARD, SIDE, BEHIND AND CLAP, HIP BUMPS

- 9-12 Touch right heel forward, touch right toe to side, bring right foot behind left knee and slap and return right foot to floor
13-16 Hip bumps right, left, right, left (double time this to make 8 bumps if you want to add to the fun)

VINES RIGHT & LEFT

- 17-20 Right grapevine with touch
21-24 Left grapevine with touch

STEP TOUCH FORWARD, STEP TOUCH BACK

- 25-26 Step forward on right and touch left beside right
27-28 Step back on left and touch right beside left

TOUCH TOE TO SIDE, CROSS, UNWIND AND CLAP

- 29-30 Touch right toe out to right side, cross right foot over left
31-32 Unwind ½ turn left and clap (weight ends on right foot)

HEEL TOUCHES FORWARD, TOE TOUCHES BACK

- 33-36 Touch left heel forward twice, touch left toe back twice
37-40 Touch left heel forward and clap, touch left toe back and clap

TOUCHES FORWARD, SIDE, BEHIND AND CLAP, HIP BUMPS

- 41-44 Touch left heel forward, touch left toe to side, bring left foot behind right knee and slap and return left foot to floor
45-48 Hips bumps left, right, left, right

VINES LEFT & RIGHT

- 49-52 Left grapevine with touch
53-56 Right grapevine with touch

STEP TOUCH FORWARD, STEP TOUCH BACK

- 57-58 Step forward on left and touch right beside left
59-60 Step back on right and touch left next to right

TOUCH TOE TO SIDE, CROSS, UNWIND AND CLAP

- 61-62 Touch left toe out to left, cross left foot over right
63-64 Unwind ½ turn right and clap (weight ends on left foot)

REPEAT

Do this dance in contra lines and you end up with a mirror imaging dance. It also means that people get different lines of dancers to dance with unless you are on the front or back rows! Start with the front row facing the back of the room the second row facing the front and so on. The easy way to remember which foot

to start of with is if you are facing the front, you start with the right foot and if you are facing the back of the room you start with the left.
