Calling Me Home

拍数: 64

级数: Intermediate

编舞者: Jan Wyllie (AUS)

音乐: Blue Misty Mountain - Marie Haslemore

8421	
1-2-3&4	Step left forward, step right beside left, shuffle forward left, right, left
5-6	Rock/step forward on right, rock back on left
7&8	Step back on right, step left beside right, step forward on right (coaster step)
9-10-11&12	Rock/step forward on left, rock back on right, shuffle back left, right, left
13-14	Making 1/4 turn right step right to right side keeping left toe in place, hold with weight on right
15-16	Making 1/4 turn left transfer weight to left, making 1/4 turn left step right beside left
17-18	Rock/step left to left, rock weight to right
19&20	Step left behind right, step right to right, step left across in front of right
21-22	Rock/step right to right, rock weight to left
23-24	Step right behind left, step left to left
25-26	Step right across in front of left, touch left heel to left side
27-28	Touch left heel forward, touch left heel to left side
29-30	Step forward on left, scuff right forward
31-32	Stomp right forward, hold
33-34-35&36	Rock/step forward on left, rock back on right, shuffle back left, right, left
37-38-39-40	Rock/step back on right, rock forward on left, rock/step forward on right, rock back on left
41&42	Making ½ turn right back over right shoulder shuffle forward right, left, right
43-44-45-46	Rock/step forward on left, rock back on right, step back on left, hold (weight on left)
&47&48	Bounce right heel up, down, up, down - take weight on right on last count
49-50&	Step forward on left, tap right heel beside left, step right beside left
51-52	Step forward on left, scuff right
53-54-55&56	Rock/step forward on right, rock back on left, making 1/4 right shuffle right, left, right to side
57-58-59-60	Rock left across right, rock back on right, step left to left, rock right across left
61-62	Rock back on left, making ¼ turn right step forward on right
63-64	Step forward on left, pivot $\frac{1}{2}$ turn right transferring weight to right
REPEAT	

Blue Misty Mountain by Marie Haslemore is available on Marie's CD "Nga-Awa Toru". Phone N.Z. 0064 3 415





墙数:4