Caribbean Slide



拍数: 32 墙数: 4 级数: Improver

编舞者: Kathy Brown (USA)

音乐: Keep on Dancin' - Baha Men



This dance is dedicated to Carol Craven and all my friends that have encouraged me along

INTRO

Start 16 counts into song, (this can be left out, but what else would you do for 48 counts)

1-4 Roll hips, right-left-right-left
5-8 Roll hips, right-left-right-left
9-12 Bump hips, right twice, left twice
13-16 Bump hips, right-left-right-left
17-18 Rock forward right, recover left

19&20 Right triple in place

21-22 Rock forward left, recover right

23&24 Left triple in place

25-26 Step forward right, pivot ½ left

27&28 Right triple forward

29-30 Step forward left, ½ pivot right

31&32 Left triple forward 33-64 Repeat counts 17-32

Then start the main dance

THE MAIN DANCE

VINE RIGHT, VINE LEFT

1-2 Step right to side, left behind

3-4 Step right to side, touch left next to right and clap

5-6 Step left to side, right behind

7-8 Step left to side, touch right next to left and clap

TRIPLE RIGHT BACK, SLOW LEFT COASTER, RIGHT KICK BALL SKATE, SKATE

1&2 Right triple back (right-left-right)
3-4 Step left back, step right back
5-6 Step left forward, kick right forward

&7-8 Step down in right, skate left forward, skate right forward

LEFT KICK BALL, BOOGIE WALK RIGHT-LEFT-RIGHT, FORWARD TRIPLE, PIVOT ½ TURN

1&2 Kick left forward, step down on left, step forward right on ball of right, roll right knee right
 3-4 Step forward on ball of left, roll left knee left, step forward on ball of right, roll right knee right

5&6 Left triple forward

7-8 Step right forward, pivot ½ turn left

VINE RIGHT 1/4 TURN, HIP BUMPS WITH ATTITUDE

1-2 Step right to side, left behind

3-4& Step right ¼ turn right, hitch left, stepping down shoulder width apart

5-6 Bump hips left, right7-8 Bump hips left twice

REPEAT