Cascade (P)

拍数: 36   **墙数:** 0   **级数:** Partner

编舞者: Malcolm Russell (UK)

音乐: Tonight, All Day Long - Dale Watson

Position: Start in reverse Indian position facing inside

LEFT FORWARD, RIGHT TO SIDE LEFT TOGETHER, RIGHT BACK, LEFT TOGETHER, RIGHT TO SIDE

1-3   Step forward with left, right to right, bring left next to right

4-6   Step back with right, bring left next ot it, step right to right

LEFT FORWARD, RIGHT TO SIDE LEFT TOGETHER, RIGHT BACK, LEFT TOGETHER, RIGHT TO SIDE

7-12   Repeat steps 1-6

ROCK LEFT FORWARD, MAKING ¼ TURN RIGHT STEP BACK ON RIGHT, LEFT TOGETHER.

13   Rock forward with left

14-15   Step back on right making ¼ turn right, bring left next to it

Man's arm over lady's head ending in sweetheart position

RIGHT-LEFT-RIGHT DIAGONALLY FORWARD

16   Right diagonally forward

17-18   Left diagonally forward, right diagonally forward (small sway steps)

LEFT FORWARD MAKING ¼ TURN RIGHT, RIGHT BEHIND LEFT, LEFT TO SIDE MAKING A ¼ TURN LEFT

19   Step forward on left making a ¼ turn right

20-21   Cross right behind, step forward on left making ¼ turn left

Man takes right arm over lady's head

RIGHT FORWARD MAKING ¼ TURN LEFT, LEFT BEHIND RIGHT, RIGHT TO SIDE MAKING A ¼ TURN RIGHT

22   Step forward on right making a ¼ turn left

23-24   Cross left behind, step forward on right making a ¼ turn right (ending up in sweetheart position)

FORWARD LEFT, LOCK RIGHT BEHIND, FORWARD LEFT, FORWARD RIGHT, LOCK LEFT BEHIND, FORWARD RIGHT

25-27   Step forward left, lock right behind, step forward on left

28-30   Step forward right, lock left behind, step forward right

FORWARD LEFT MAKING ¼ TURN RIGHT, BACK ON RIGHT MAKING A ¼ TURN RIGHT, BACK LEFT

31   Step forward on left making a ¼ turn right

32-33   Step back on right making a ¼ turn right, step back left

Now in RLOD

BACK RIGHT, BACK LEFT, BACK RIGHT MAKING ¼ TURN RIGHT

34-36   Step back right, back left, back right making a ¼ turn right

Man takes left arm over lady's head. Lady now behind man

REPEAT