

# Castaway

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Carol Hick (UK) & Sheila Vee (UK)  
音乐: The Underground Man - Glen Mitchell



## KICK TWICE RIGHT, SAILOR STEP, KICK CROSS LEFT TWICE, UNWIND

1-2      Kick right foot forward diagonally twice  
3      Cross right foot behind left  
&      Step left to left  
4      Step right beside left  
5      Kick left foot forward diagonally  
6      Cross over right and touch  
7      Kick left foot forward diagonally  
8      Cross over right and touch  
9      With weight evenly distributed on both feet, unwind ½ turn to the right  
10      Hold

## KICK TWICE RIGHT, SAILOR STEP, KICK CROSS LEFT TWICE, UNWIND

11-12      Kick right foot forward diagonally twice  
13      Cross right foot behind left  
&      Step left to left  
14      Step right beside left  
15      Kick left foot forward diagonally  
16      Cross over right and touch  
17      Kick left foot forward diagonally  
18      Cross over right and touch  
19      With weight evenly distributed on both feet, unwind ½ turn to the right  
20      Hold

## SWIVEL RIGHT

21      Swivel both heels right  
22      Swivel both toes right  
23      Swivel both heels right  
24      Pivot ¼ turn to the right on left foot, while kicking right foot forward

## SHUFFLE ROCK, ½ TURN, SHUFFLE ROCK

25&26      Right shuffle backwards-right, left, right  
27      Rock back on left  
28      Rock forward on right  
29&30      Turning ½ turn to the right on ball of right foot, travel backwards into left shuffle-left, right, left  
31      Rock back on right  
32      Rock forward on left

## REPEAT

---