Burger & Fries

拍数: 36

级数: Improver

编舞者: Rita Tyner (CAN)

音乐: Fire When Ready - Perfect Stranger

RIGHT TOE, HEEL, SHUFFLE/ LEFT TOE, HEEL, SHUFFLE

- 1-2 Right toe touch in toward left instep. Right heel touch diagonally forward to 1:00.
- 3&4 Shuffle right, left, right.
- 5-6 Left toe touch in toward right instep. Left heel touch diagonally forward to 11:00.
- 7&8 Shuffle left, right, left.

TOE TOUCH SIDE (**OPTION: SIDE KICKS), STEP BACK. RIGHT, LEFT, RIGHT, LEFT

- 9-10 Right toe point touch right. Step back right.
- 11-12 Left toe point touch left. Step back left.
- 13-14 Right toe point touch right. Step back right.
- 15-16 Left toe point touch left. Step back left.

RIGHT ROCK BACK. ROCK CENTER LEFT. RIGHT FOOT ¼ PIVOT TO THE LEFT

17-20 Right rock back. Rock center left foot. Right step forward to pivot ¼ to the left

WIGGLE WALKS (KEEPING KNEES SLIGHTLY BENT) **(OPTION) TOE STRUTS

- 21 Step forward on ball of right foot swaying both knees slightly right, then back to center.
- 22 Step down heel of right swaying both knees slightly right, then back to center.
- 23 Step forward on ball of left foot swaying both knees slightly left, then back to center.
- 24 Step down heel of left swaying both knees slightly left then back to center.
- 25-28 Repeat the above 4 counts

RIGHT FOOT JAZZ BOX

29-32 Right cross over left. Left step back. Right step back. Left step together.

HEEL SPLITS. TOE SPLITS

- 33-34 Heel splits to sides (right heel right--left heel left). Heels together
- 35-36 Toe splits to sides. (right toe right--left toe left). Toes together

REPEAT





墙数:4