Buttermilk



编舞者: Sin Grima

音乐: Swingin' - John Anderson



HEEL SPLITS, HEEL SPLITS

Heel splits are known as "Buttermilks" in Australia

1-2 With weight on balls of both feet, swivel both heels outward, swivel heels together
3-4 With weight on balls of both feet, swivel both heels outward, swivel heels together

RIGHT BRUSH UP

1-2 Tap right heel forward at 45 degree angle to right, brush right heel up next to left knee

3-4 Tap right heel forward at 45 degree angle to right, step right foot next to left

LEFT BRUSH UP

1-2 Tap left heel forward at 45 degree angle to left, brush left heel up next to right knee

3-4 Tap left heel forward at 45 degree angle to left, step left foot next to right

HEEL SPLITS, HEEL SPLITS

With weight on balls of both feet, swivel both heels outward, swivel heels together
With weight on balls of both feet, swivel both heels outward, swivel heels together

RIGHT VINE WITH HITCH/CLAP

1-2 Step right to right side, step left behind right

3-4 Step right to right side, hitch left

LEFT VINE WITH 1/4 TURN LEFT AND HITCH/CLAP

1-2 Step left to left side, step right behind left

3-4 Step left to left side turning ¼ turn to left, hitch right

RIGHT VINE WITH HITCH/CLAP

1-2 Step right to right side, step left behind right3-4 Step right to right side, tap left next to right

LEFT VINE WITH 1/4 TURN LEFT AND STOMP

1-2 Step left to left side, step right behind left

3-4 Step left to left side turning ¼ turn to left, stomp right next to left

REPEAT