

# C'est La Vie

**COPPER** KNOB  
STEPPERS

拍数: 56      墙数: 0      级数:  
编舞者: Amanda Humphrey (USA)  
音乐: C'est La Vie - B\*Witched



## CROSS KICKS

- 1&2&      Kick right across left, step right beside left, kick left across right, step left beside right
- 3-4      Kick right across left twice
- &5&6&      Step right beside left, kick left across right, step left beside right, kick right across left, step right beside left
- 7-8      Kick left across right twice

## LEFT SIDE SHUFFLE, ROCK, RIGHT SIDE SHUFFLE, ROCK

- 1&2      Step left foot to left, step right beside left, step left to left
- 3-4      Rock right across in front of left, recover weight on left
- 5&6      Step right foot to right, step left beside right, step right to right
- 7-8      Rock left across in front of right, recover weight on right

## CHASSE' LEFT, FULL TURN LEFT

- 1-2      Step left foot to left, hold & clap
- &3-4      Step right beside left, step left to left, hold & clap (weight on left)
- 5-6      On ball of left foot pivot  $\frac{1}{4}$  left and step forward on right, on balls of both feet pivot  $\frac{1}{2}$  left placing weight on left
- 7-8      On ball of left foot pivot  $\frac{1}{4}$  left and step right to right side step left beside right

## CHASSE' RIGHT, FULL TURN RIGHT

- 1-2      Step right foot to right, hold & clap
- &3-4      Step left beside right, step right to right, hold & clap (weight on right)
- 5-6      On ball of right foot pivot  $\frac{1}{4}$  right and step forward on left, on balls of both feet pivot  $\frac{1}{2}$  right placing weight on right
- 7-8      On ball of right foot pivot  $\frac{1}{4}$  right and step left to left side, touch right beside left

## ROCK STEP, TRIPLE STEP, ROCK STEP, TRIPLE STEP

- 1-2      Rock right across in front of left, recover weight on left
- 3&4      Triple step in place right-left-right
- 5-6      Rock left across in front of right, recover weight on right
- 7&8      Triple step in place left-right-left

## LEFT PADDLE TURN, VINE RIGHT

- &1      Hitch right knee while pivoting  $\frac{1}{4}$  left on left, touch right to right
- &2      Hitch right knee while pivoting  $\frac{1}{4}$  left on left, touch right to right
- &3      Hitch right knee while pivoting  $\frac{1}{4}$  left on left, touch right to right
- &4      Hitch right knee while pivoting  $\frac{1}{4}$  left on left, touch right to right
- 5-6      Step right foot to right side, cross and step left behind right
- &7-8      Rock right foot to right, step left in place, step right beside left

**Option: On counts &1&2&3&4 clench both fists in center of chest on the & counts and pump right fist down along right leg and left fist to left shoulder on counts 1-2-3-4)**

## VINE LEFT, RIGHT PADDLE TURN

- 1-2      Step left foot to left side, cross and step right behind left
- &3-4      Rock left foot to left, step right in place, touch left beside right
- &5      Hitch left knee while pivoting  $\frac{1}{4}$  right on right, touch left to left

&6 Hitch left knee while pivoting  $\frac{1}{4}$  right on right, touch left to left

&7 Hitch left knee while pivoting  $\frac{1}{4}$  right on right, touch left to left

&8 Hitch left knee while pivoting  $\frac{1}{4}$  right on right, touch left to left

& Step left beside right

**Option: On counts &5&6&7&8 clench both fists in center on chest on the & counts and pump left fist down along left leg and right fist to right shoulder on counts 5-6-7-8)**

**REPEAT**

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