

C'mon In

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Leslie Moore (USA)
音乐: Cold Outside - Big House



Begin with your back to the "front wall," feet hip distance apart

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| 1-2 | Bend right knee in, looking over your left shoulder; hold one beat |
| 3-4 | Straightening right knee, bend left knee inward, looking over right shoulder; hold one beat |
| 5-8 | Straightening left knee, circle hips once to the left (to the left) for four beats |
| &1 | Picking up right foot, spin ½ to right on ball of left foot, land with right foot hip distance apart from left |
| 2 | Hold one beat |
| 3-4 | Lift/drop heels twice |
| &5 | Step left foot next to right, step right foot to right side |
| 6 | Hold and snap fingers |
| &7 | Step left foot next to right, step right foot to right side |
| 8 | Hold and snap fingers |
| 1 | Rock left across right, angling body ¼ to right |
| 2 | Recover back on right, return to center angle |
| 3&4 | Shuffle left-right-left to turn ¼ to left |
| 5-6 | Step forward right, slightly across left (5); snap fingers (6) |
| 7-8 | Step forward left, slightly across right (&); snap fingers (8) |
| 1-2 | Rock forward on right foot; recover back on left |
| 3 | Long step backward on right foot |
| 4 | Slide left foot back to right |
| 5&6 | Step left behind right, small step to right to turn ¼ to right, step left to left side |
| 7-8 | Lift right knee across body; step down with right hip distance from left |

REPEAT