Cajun Spice



拍数: 48 墙数: 4 级数:

编舞者: Joe White (USA)

音乐: Evangeline - Chad Brock



TOE TOUCHES, SAILOR SHUFFLES WITH 1/4 TURN

1-2 Touch right toe in front, touch right toe to right side

3&4 Cross right behind left, step left in place, step right in place (as you turn ¼ right)

LEFT ROCK STEP, LEFT SHUFFLE, RIGHT ROCK STEP LEFT SHUFFLE

1-2 Rock forward left, rock back right
3&4 Shuffle in place left-right-left
5-6 Rock back right, forward left
7&8 Shuffle right-left-right in place

WALK LEFT-RIGHT-LEFT, TOUCH RIGHT WITH ½ TURN TO RIGHT

Step left as you begin a ½ turn to right
Step back right as you complete turn

3 Step back left

4 Touch right toe home

TOE TOUCHES AND CROSS

Touch right toe to right side, cross right over leftTouch left toe to left side, cross left over right

TOE TOUCHES, SAILOR SHUFFLES WITH 3/4 TURN

1-2 Touch right toe in front, touch right toe to right side

3&4 Cross right behind left, step left in place, step right in place (as you turn ¾ right)

Make sure weight is on right

SIDE SHUFFLES & ROCK STEP, SIDE SHUFFLES & ROCK STEP

1-2 Step left to left, step right to left, step left to left

3-4 Rock back right, rock forward left

5-6 Step right to right, step left to right, step right to right

7-8 Rock back left, rock forward right

HEEL TOE WALKS

1-2 Present left heel to left side, clap

3-4 Step left in place as touch right toe next to left foot, clap

& Step back right

5-6 Present left heel to left side, clap

7-8 Step left in place as touch right toe next to left foot, clap

STEP & PIVOT

1-2 Step forward right, turn ½ to left

3-4 Step forward right turn ¼ to left (you are now at your "back" wall)

SAILOR SHUFFLE

1&2 Cross right behind left, step in place left, right 3&4 Cross left behind right, step in place right, left

REPEAT

