Brenda's Dream



拍数: 48 墙数: 4 级数: Improver

编舞者: Red Russell (UK)

音乐: Tougher Than the Rest - Travis Tritt



SWINGING DIAGONAL SHUFFLES, CROSS ROCK, TRIPLE 1/2 TURN (LEADING RIGHT THEN LEFT)

1&2 Swing right forward into step across left-step left beside right, step right forward twisting

towards right diagonal

3&4 Swing left forward into step across right-step right beside left, step left forward twisting

towards left diagonal

5-6 Rock right across left, rock weight onto left

7&8 ½ turn right stepping right-left, right (on the spot)

SWINGING DIAGONAL SHUFFLES, CROSS ROCK, TRIPLE 1/2 TURN (LEADING LEFT THEN RIGHT)

9&10 Swing left forward into step across right-step right beside left, step left forward twisting

towards left diagonal

Swing right forward into step across left-step left beside right, step right forward twisting

towards right diagonal

13-14 Rock left across right, rock weight onto right 15&16 ½ turn left stepping left-right, left (on the spot)

SIDE ROCK, CHA-CHA ON THE SPOT (LEADING RIGHT THEN LEFT)

17-18 Rock right to side, rock weight onto left

19&20 Step right beside left-step left beside right, step right beside left (on the spot)

21-22 Rock left to side, rock weight onto right

Step left beside right-step right beside left, step left beside right (on the spot)

TOE-HEEL SUGAR FOOT, CHA-CHA ON THE SPOT (LEADING RIGHT THEN LEFT)

25-26 Touch right toe next to left foot (right foot turned in), touch right heel next to left foot (right foot

turned out)

27&28 Step right beside left-step left beside right, step right beside left (on the spot)

29-30 Touch left toe next to right foot (left foot turned in), touch left heel next to right foot (left foot

turned out)

31&32 Step left beside right-step right beside left, step left beside right (on the spot)

FORWARD ROCK, SHUFFLE BACK, BACK ROCK, SHUFFLE FORWARD

Rock right forward, rock weight back onto left

35&36 Step right back-step left beside right, step right back

37-38 Rock left back, rock weight forward onto right

39&40 Step left forward-step right beside left, step left forward

$rac{1}{4}$ TURN LEFT MODIFIED VINE INTO RIGHT CHA-CHA ON THE SPOT, CROSS ROCK, CHA-CHA ON THE SPOT

41-42 Step right forward into ½ turn left, step left behind right

Step right beside left-step left beside right, step right beside left (on the spot)

45-46 Rock left across right, rock weight back onto right

47&48 Step left beside right-step right beside left, step left beside right (on the spot)

REPEAT