The Brown Dog



拍数: 70 墙数: 4 级数:

编舞者: Daryll Brown

音乐: Fast As You - Dwight Yoakam



HEEL SWIVELS

1	With weight on balls of foot, swivel heels to right
2	With weight on both feet, swivel heels to left

With weight on balls of both foot, swivel heels to the right

4 Raise heels and slap back down onto floor

With weight on balls of both feet, swivel heels to left
With weight on balls of both feet, swivel heels to right
With weight on balls of both feet, swivel heels to left

8 Raise heels and slap back down onto floor

9-16 Repeat steps 1-8

MILITARY TURNS (1/4)

17 Right step forward (small step)

Pivot ¼ turn to left on ball of right foot, shifting weight to left foot at completion of turn

19-24 Repeat steps 17-18 three times

RIGHT 1/4 TURN, BRUSH, CROSS, BRUSH, CROSS, BACK TOGETHER, JUMP

25 Right step ¼ turn right

26 Left brush to left, while pivoting on ball of right foot to complete right turn

Left step across right
Right brush to right
Right step across left

30 Left step back

Right step beside left (weight on both feet)

32 Hop in place

JUMP APART, JUMP CROSS, JUMP APART, JUMP CROSS, JUMP TOGETHER

33 Jump and land with feet apart

34 Jump and land with right foot in front of left

35 Jump and land with feet apart

36 Jump and land with left foot in front of right

Jump and land with feet apartJump and land with feet together

STOMP, STOMP, STEP, TURN

39 Stomp right foot in place 40 Stomp right foot in place 41 Right step forward

42 Pivot ½ turn left on ball of right foot, shifting weight to left foot at completion of turn

BRUSH, SHUFFLE IN PLACE, BRUSH, SHUFFLE IN PLACE

& Right brush forward43 Right step to right

& Left step together with right

44 Right step in place & Left brush forward

45 Left step to left

& Right step together with left

46 Left step in place &47-54 Repeat steps &43-46

BRUSH, STEP, BRUSH, STEP

Right brush in front of left toe

Right step forward

57 Left brush in front of right toe

58 Left step forward 59-62 Repeat steps 55-58

HIP ROLLS

Roll hips to right Roll hips to left

65-70 Repeat steps 63-64, 3 times

REPEAT