Brown Gravy Boogie

编舞者: Scott Blevins (USA)

音乐: Good Brown Gravy - Joe Diffie

墙数: 4

SHUFFLE LEFT, CROSS, ROCK

拍数: 40

- 1&2 Shuffle left on left, right, left
- 3 Step/cross right foot behind left foot
- 4 Rock forward on left foot

SHUFFLE RIGHT, CROSS, ROCK

- 5&6 Shuffle right on right, left, right
- 7 Step/cross left foot behind right foot
- 8 Rock forward on right foot

SHUFFLE LEFT, STOMP, CLAP

- 9 Shuffle left on left, right, left
- 11 Stomp right foot beside left foot
- 12 Clap hands

SWEEPING 1/2 PIVOT, STEP, CLAP

- 13 Touch right toe out to right side, extend right arm out to right side, right palm open
- 14 Sweep pivot right ½ turn on left foot (slide right foot on floor as you pivot)
- 15 Step right foot beside left foot
- 16 Clap hands

SLIDE BACK FOUR

NOTE: During the next four steps your knees should be slightly bent & your upper body bent slightly forward from the waist... as though your derriere was pulling you back.

- 17 Slide back on left foot, moving hips right and straightening right knee
- 18 Slide back on right foot, moving hips left and straightening left knee
- 19 Slide back on left foot, moving hips right and straightening right knee
- 20 Slide back on right foot, moving hips left and straightening left knee

SWING KICK, STEP, SWING KICK, STEP

NOTE: During next four steps your knees should remain slightly bent & your upper body remain bent slightly forward from waist... On swing kicks, swing leg forward until knee is straight with Foot 10"-14" off floor at end of kick.

- 21 Swing kick left leg forward
- 22 Step left foot beside right foot bending left knee slightly
- 23 Swing kick right leg forward
- 24 Step right foot beside left foot bending right knee slightly

HEEL SWIVELS, SWING KICK, CROSS

NOTE: During the next four steps your knees should remain slightly bent.

- 25 Swivel both heels to left side
- 26 Swivel both heels back to center
- 27 Swing kick left leg forward diagonally left
- 28 Cross left ankle over right ankle

SHUFFLE LEFT WITH ¼ TURN, STEP, PIVOT ½

29&30 Shuffle left on left, right, left turning ¼ left





级数:

- 31 Step forward on right foot
- 32 Pivot left ¹/₂

SLIDE FORWARD THREE, TOUCH

- 33 Slide right foot forward moving hips left
- 34 Slide left foot forward moving hips right
- 35 Slide right foot forward moving hips left
- 36 Touch left foot beside right foot moving hips right

STOMP, SCUFF, STOMP, SCUFF

- 37 Stomp left foot beside right foot
- 38 Scuff right heel forward diagonally right
- 39 Stomp right foot beside left foot
- 40 Scuff left heel forward diagonally left

REPEAT