

Buckaroo

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Mare Dodd (USA)
音乐: Buckaroo - Lee Ann Womack



"DO THE MONKEY"-USING ARM MOVEMENTS (LIKE SOME OF US DID IN THE 60'S)

- 1-3 Bending knees, step right to right side & do "the monkey" (make fist with hands, bend arms at elbows: right fist goes up, left fist down, then switch, & switch)
- 4 Touch left beside right (holding right fist up & left fist down)
- 5-7 Bending knees, step left to left side & do "the monkey" (left fist goes up & right fist down, switch, & switch)
- 8 Touch right beside left (holding left fist up & right fist down)

"DO THE SWIM" ("PONIES")

- 1&2 Triple ("pony") in place right-left-right (extend right hand forward-palm down & wiggle head)
- 3&4 "Pony" left-right-left (extend left hand forward-palm down & wiggle head)
- 5&6 Repeat 1&2
- 7&8 Repeat 3&4

STEP, BEHIND, "PONY"; STEP, BEHIND, "PONY"

- 1-2 Step right to right side, step left behind right
- 3&4 "Pony" in place right-left-right
- 5-6 Step left to left side, step right behind left
- 7&8 "Pony" in place left-right-left

KNEE POPS WITH HOLDS; ALTERNATING KNEE POPS

- &1-2 Quickly step on right; pop left knee forward; hold & snap fingers
- &3-4 Quickly step on left; pop right knee forward; hold & snap fingers
- &5&6 Quickly step on right; pop left knee forward; quickly step on left; pop right knee forward
- &7&8 Repeat counts &5&6

RIGHT SIDE SHUFFLE; FULL TURN RIGHT; LEFT SIDE SHUFFLE; ROCK-STEP

- 1&2 Shuffle to right side-right-left-right
- 3-4 Step left over right as you begin full turn right; step on right as you complete full turn right
- 5&6 Shuffle to left side-left-right-left
- 7-8 Rock back on right, recover forward on left

SCUFF-HITCH-STEP 4 TIMES MOVING FORWARD

- 1&2 Scuff right forward; hop on left while hitching right knee; step on right
- 3&4 Scuff left forward; hop on right while hitching left knee; step on left
- 5&6 Repeat 1&2
- 7&8 Repeat 3&4

SCOOT/SKIPS BACKWARDS

- &1 Scoot/skip back on left while hitching right knee; step down on right
- &2 Scoot/skip back on right while hitching left knee; step down on left
- &3 Repeat counts &1
- &4 Repeat counts &2

JUMP BOTH FEET OUT; CROSS LEFT OVER RIGHT; UNWIND ½ RIGHT; CLAP

- 5-6 Jump both feet apart; cross left over right
- 7-8 Unwind ½ right; clap

RIGHT & LEFT SAILOR SHUFFLES; STEP-PIVOT ¼ LEFT; STOMPS RIGHT & LEFT

- 1&2 Right sailor shuffle
- 3&4 Left sailor shuffle
- 5-6 Step forward on right; pivot ¼ left
- 7-8 Stomp right; stomp left

RIGHT MONTEREY TURNS

- 1-2 Touch right to right side; on ball of left, pivot ½ right bringing right beside left
- 3-4 Touch left to left side; step left beside right
- 5-8 Repeat counts 1-4

"MASHED POTATOES"

- &1 Swivel both toes in; swivel both toes out as you step back on right
- &2 Swivel both toes in; swivel both toes out as you step back on left
- &3&4 Swivel both toes in; swivel both toes out as you step back on right; swivel both toes in; swivel both toes out (don't step back) (weight on right)
- &5 Swivel both toes in; swivel both toes out as you step back on left
- &6 Swivel both toes in; swivel both toes out as you step back on right
- &7&8 Swivel both toes in; swivel both toes out as you step back on left; swivel both toes in; swivel both toes out

REPEAT
