Building Our Memories



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Alan Haywood (UK)

音乐: Making Memories of Us - Keith Urban



LEFT SIDE, HOLD, ROCK BACK, RECOVER. RIGHT SIDE HOLD, ROCK BACK, RECOVER

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3-4 Rock back onto right, recover weight forward onto left

5-6 Step right to right side, hold for one count

7-8 Rock back onto left, recover weight forward onto right

LEFT SIDE, RIGHT BEHIND, 1/4 LEFT SHUFFLE. RIGHT FORWARD, 1/2 LEFT, 2 STEP FULL TURN LEFT

1-2 Step left to left side, cross step right behind left

3&4 Step left ¼ left, close right next to left, step left forward

5-6 Step right forward, pivot ½ turn left

7-8 Make ½ turn left, stepping right back. Make ½ turn left, stepping left forward

Easy option: walk forward right left

RIGHT SIDE, HOLD, LEFT BEHIND AND ACROSS, RIGHT SIDE ROCK, RECOVER, RIGHT BEHIND, LEFT ¼ LEFT, RIGHT FORWARD

1-2 Step right to right side, hold for one count

3&4 Step left behind right, step right to right side, cross step left over right

5-6 Rock right to right side, recover weight onto left

7&8 Step right behind left, step left ¼ left, step right forward

ROCK FORWARD LEFT, RECOVER LEFT BACK SHUFFLE, RIGHT COASTER, WALK FORWARD LEFT RIGHT

1-2	Rock forward onto left, recover weight back onto right
3&4	Step left back, close right next to left, step left back
5&6	Step right back, step left next to right, step right forward

7-8 Walk forward left, walk forward right

TOUCH LEFT BACK, UNWIND ¾ LEFT, RIGHT SIDE, TOGETHER, ¼ RIGHT SHUFFLE, LEFT FORWARD, ½ RIGHT

1-2 Touch left toe back, unwind ¾ turn left (weight on left)

3-4 Step right to right side, step left next to right

5&6 Step right ¼ right, close left next to right, step right forward

7-8 Step left forward, pivot ½ turn right

LEFT FORWARD, HOLD, 2 STEP FULL TURN LEFT, RIGHT SIDE, HOLD, LEFT COASTER

1-2 Step left forward, hold for one count

3-4 Make ½ turn left, stepping right back. Make ½ turn left, stepping left forward

Easy option: walk forward right left

5-6 Step right to right side, hold for one count 7&8 Step left back, right back, left forward

MONTEREY TURN, RIGHT SIDE, TOGETHER, RIGHT FORWARD SHUFFLE

1-2	Point right to r	iaht side. pivo	t ½ turn riaht.	steppina riaht	next to left

3-4 Point left to left side, step left next to right 5-6 Step right to right side, step left next to right

7&8 Step right forward, close left next to right, step right forward

ROCK FORWARD LEFT, RECOVER, TRIPLE FULL TURN LEFT, RIGHT SIDE ROCK, RECOVER, RIGHT BEHIND AND ACROSS

1-2 Rock forward onto left, recover weight back onto right

3&4 Triple full turn left, stepping left right left (easy option: left coaster)

5-6 Rock right to right side, recover weight onto left

7&8 Step right behind left, left to left side, cross step right over left

REPEAT

During the last wall, the music slows down slightly during Section 7 after Monterey turn. Slow down with the music and end on the triple turn in Section 8