Bojangles

拍数: 64

级数: Improver

编舞者: Mary Kelly (UK)

音乐: Just to See You Smile - Tim McGraw

HEEL STRUTS, ROCK STEPS, HEEL STRUTS, ROCK STEPS

- 1-4 Step forward on right heel, slap toe to floor, step forward on left heel, slap toe to floor
- 5-8 Rock forward on right, in place on left, rock back on right, in place on left
- 9-16 Repeat counts 1-8

SIDE TOE STRUTS

- 17-18 Step to right on right toe, slap heel to floor
- 19-20 Step left toe over right foot, slap heel to floor
- 21-24 Repeat counts 17-20

STEP BACK, HOLD, QUARTER TURN, HOLD, STOMP RIGHT, LEFT, BUTTERFLY OR HEEL SPLITS

- 25-26 Step back on ball of right foot, hold for one beat
- 27-28 Make quarter pivot to right, hold for one beat
- 29-30 Stomp right beside left, stomp left beside right
- 31-32 Split both heels apart (fan elbows out), close heels back together (fan elbows back in)
- 33-40 Repeat counts 25-32

STEP, HOLD, LOCK, HOLD, STEP, LOCK, STEP, BRUSH TWICE

- 41-42 Step forward diagonally right on right, hold for one beat
- 43-44 Lock left foot behind right heel, hold for one beat
- 45-46 Step forward diagonally right on right, lock left foot behind right heel
- 47-48 Step forward diagonally right on right, brush left beside right
- 49-50 Step forward diagonally left on left, hold for one beat
- 51-52 Lock right foot behind left heel, hold for one beat
- 53-54 Step forward diagonally left on left, lock right foot behind left heel
- 55-56 Step forward diagonally on left, brush right beside left

ROCK FORWARD, IN PLACE, BACK, IN PLACE, PADDLE TURNS TWICE

- 57-58 Rock forward on right, rock back in place on left
- 59-60 Rock back on right, rock in place on left. (weight still on left foot)
- 61-62 Step forward diagonally on right, pivot 1/8 turn to left
- 63-64 Step forward diagonally on right, pivot 1/8 turn to left

REPEAT





墙数:4