

# Bones

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Bill Bader (CAN)  
音乐: Hambone - Carl Perkins



## **FORWARD PRESS & KICK, COASTER STEP, FORWARD, ROCK, BACK FULL TURN ON 2 STEPS**

1&2      Press right forward with weight, rock back onto left, kick right forward  
3&4      Step right back, step left beside right, step right forward  
5-6      Step left forward, rock back onto right  
7-8      Step left back turning ½ left, step right forward turning another ½ left

**Styling: as you complete the turn, sweep left toe out to the left**

## **SAILOR ENDING FORWARD, CROSS-BALL-CHANGE WITH A ¼ TURN RIGHT, QUICK WEAVE RIGHT: CROSS, SIDE, BEHIND, ¼ TURN RIGHT, FORWARD, BRUSH**

1&2      Cross step left behind right, step right to right side, step left forward angled left  
3      Cross step right over left with right toe angled right  
&4      Step ball of left forward, turn ¼ right shifting weight onto right  
5&      Cross step left over right, step right to right  
6&      Cross step left behind right, step right to right turning ¼ right  
7-8      Step left forward, brush right foot forward

## **SHUFFLE BACK, ½ TURN LEFT, SHUFFLE FORWARD, CROSS-SIDE-ROCK, CROSS-SIDE-ROCK**

1&2      Step right back, slide/step left beside right, step right back  
&      Turn ½ left  
3&4      Step left forward, slide/step right beside left, step left forward  
5&6      Cross step right over left, step left to left side, rock onto right  
7&8      Cross step left over right, step right to right side, rock onto left

## **2 SAILORS MOVING BACK, CROSS BEHIND, TURN ¼ LEFT, FULL SPIN FORWARD, STEP FORWARD**

1&2      Cross step right back behind left, step left to left side, step right to right side  
3&4      Cross step left back behind right, step right to right side, step left to left side  
5-6      Cross step right behind left, step left to left side turning ¼ left  
7-8      Step right forward completing a full turn to left, step left forward (ends facing 9:00 wall)

**To simplify 7-8 here, make them simple walking steps forward**

**REPEAT**