Boogaloo



拍数: 96 墙数: 1 级数:

编舞者: Lew Arnoild & Pat Arnoild

音乐: Anyway the Wind Blows - Brother Phelps



SWIVEL WALK RIGHT, CHARLIE CHAPLIN MOVE

Swivel heels to the right
Swivel toes to the right
Swivel heels to the right
Spread toes apart

On the next four beats, progress left.

Spread heels apart (option: spread hands out and down)
Spread toes apart (option: cross hands in front of body)
Spread heels apart (option: spread hands out and down)

8 Spread toes apart (option: cross hands in front of body) and finish with weight on left foot

DIAGONAL STEP & TOUCHES

DIAGONAL STEF & TOUCHES		
9	Step forward and diagonally right on right foot	
10	Touch left foot next to right	
11	Step back and diagonally left on left foot	
12	Touch right foot next to left	
13	Step forward and diagonally right on right foot	
14	Touch left foot next to right	
15	Step back and diagonally left on left foot	
16	Step right foot next to left	

SUGARFOOT CROSSES & HOLDS

17	Touch left toe inward towards right instep
18	Turn left foot out and touch left heel next to right instep
19	Cross left foot over right and step
20	Hold
21	Touch right toe inward towards left instep
22	Turn right foot out and touch right heel next to left instep
23	Cross right foot over left and step
24	Hold

BOOGALOO

On balls of both feet, unwind one full turn to the left on these 8 beats. Using right arm, make a "lariat" over your head for four full loops as you turn to the music. Use your hips for a circling motion as you turn and wind up with the weight on left foot.

KICK-STEP CROSS RIGHT, DOUBLE CLAP, TRIPLE STOMP

33	Kick right foot forward
34	Step right foot back next to left
35	Cross left foot over to the other side of right and step
36-37	Hold feet and clap hands twice
38-40	Stomp right foot next to left three times
41-48	Repeat beats 33 through 40 (weight onto right foot on beat 48)

KICK-STEP CROSS LEFT, DOUBLE CLAP, TRIPLE STOMP

49	Kick left foot forward
50	Step left foot back next to right
51	Cross right foot over to the other side of left and step
52-53	Hold feet and clap hands twice
54-56	Stomp left foot next to right three times
57-64	Repeat beats 49 through 56 (weight onto left foot on beat 64)

MILITARY TURNS WITH HOLDS

65	Stan	forward	οn	right foc	١ŧ
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66 Hold

67 Pivot ¼ turn to the left on ball of foot

68 Shift weight to left foot 69-72 Repeat beats 65 through 68

DOUBLE STOMP, FORWARD, KICK, STEPS BACKWARD, FORWARD, KICK

73-74	Stomp right foot next to left twice
75	Step slightly forward on right foot
76	Kick left foot forward
77	Step back on left foot
78	Step back on right foot
79	Step forward on left foot

80 Kick right foot forward

CROSSES & KICKS

Bring left foot out and kick foot straight forward

83 Cross left foot over right and step

84 Bring right foot out and kick foot straight forward

85-88 Repeat beats 81 through 84

CROSS, SLOW UNWIND

89	Cross right foot over left and step
90	Begin to unwind 112 turn to the left, rotate hips slightly and snap fingers
91	Continue to unwind ½ turn to the left rotating hips slightly
92	Continue to unwind ½ turn to the left, rotate hips slightly and snap fingers
93	Continue to unwind ½ turn to the left rotating hips slightly
94	Continue to unwind ½ turn to the left, rotate hips slightly and snap fingers
95	Continue to unwind ½ turn to the left rotating hips slightly
96	Complete unwinding to the left, rotate hips slightly and snap fingers

REPEAT