Boogie Woogie Choo Choo (The Train Dance) (P)



编舞者: Unknown

音乐: Baby Likes to Rock It - The Tractors



Position: Hands on shoulders of the person in front, alternating man-lady-man-lady if possible

TOUCH STEPS

1-2	Touch right toes to right side, step forward on right
3-4	Touch left toes to left side, step forward left
5-6	Touch right toes to right side, step forward on right
7-8	Touch left toes to left side, step forward left

FORWARD STEPS AND KICK STEPS

9-10	Step forward right, left
11-12	Kick right foot to right side, step forward right
13-14	Step forward left, right
15-16	Kick left foot to left side, step forward left
17-18	Step forward right, left
19-20	Kick right foot to right side, step forward right
21-22	Step forward left, right
23-24	Kick left foot to left side, step forward left
25-48	Repeat steps 1-24

SQUATS

49	Men bend knees while the ladies pause
50	Ladies bend knees, men straighten knees
51	Men bend knees, ladies straighten knees
52	Ladies bend knees, men straighten knees
53	Men bend knees, ladies straighten knees
54	Ladies bend knees, men straighten knees
55	Men pause, ladies straighten knees
56	Both the men and the ladies pause

REPEAT

Steps 49-56 may be done by having even number dancers doing the even numbers and odd number dancers doing the odd numbers