

Bosa Nova (L/P)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Beginner rumba line/partner dance
编舞者: Ari-Jukka Eskelinen (FIN)
音乐: Baby, It's Cold Outside - Dean Martin



Position: Facing one another. Remain more or less facing each other during most of the dance

Original solo line dance Bossa Nova by Phil Dennington

These are Man's steps. Lady should dance the original Bossa Nova steps (maybe omitting full turn on counts 53-54)

SIDE TOGETHER SIDE TOUCH, SIDE TOGETHER SIDE KICK

- 1-2 Step right to right, step left beside right
- 3-4 Step right to right, touch left beside right
- 5-6 Step left to left, step right beside left
- 7-8 Step left to left, kick right out to right (diagonally)

SIDE CROSS SIDE KICK, BEHIND SIDE BESIDE, HOLD

- 9-10 Step down on right, cross step left over right
- 11-12 Step right to right, kick left out to left (diagonally)
- 13-14 Cross step left behind right, step right to right
- 15-16 Touch left beside right, hold

MAMBO BOX (PARTNERS SHOULD GO AROUND ONE ANOTHER TO THE RIGHT)

- 17-18 Step left to left, step right beside left
- 19-20 Step (long) forward left, hold
- 21-22 Step (long) right to right, step left beside right
- 23-24 Step (long) back right, step left beside right

TRIPLE STEP IN PLACE, HOLD, THREE STEPS TURNING ½ RIGHT, HOLD

- 25-28 Step right in place, left beside right (or move slightly to your left), step right together, hold
- 29-30 Step (long) left diagonal left forward turning 1/8 right, step right beside left turning 1/8 right
- 31-32 Step backward left, hold

RIGHT BACKWARD LOCK STEP HOLD, LEFT BACKWARD LOCK STEP HOLD

- 33-34 Step back right, lock left over right
- 35-36 Step back right, hold
- 37-38 Step back left, lock right over left
- 39-40 Step back left, hold

BACKWARD MAMBO HOLD, LEFT ROCK FORWARD, TOUCH, HOLD

- 41-42 Rock back right, recover in place left
- 43-44 Step right beside left, hold
- 45-46 Step forward left, step weight back to right
- 47-48 Touch left beside right, hold (you can do coaster forward instead if you like)

¼ TURN SIDE, ¼ TURN BEHIND, BACK, TOGETHER, THREE STEPS BACK, HOLD

- 49-50 Step left to left turning ¼ right, step right behind left turning ¼ right
- 51-52 Step back (long) left diagonal, step right beside left (be quick to get pass your lady)
- 53-54 Step back left, step back right
- 55-56 Step back left, hold

WALK BACK HOLD X3, STOMP HOLD

57-58	Walk back right, hold
59-60	Walk back left, hold
61-62	Walk back right, hold
63-64	Stomp left beside right (taking weight), hold

REPEAT

OPTION

Lady can push the man away by pushing with her hands on his chest for counts 33-48 and 57-64 (53-64 if no full turn)

ENDING (OPTIONAL)

The dance ends to the rumba box. The man turns $\frac{1}{4}$ left on step 21, continues $\frac{1}{4}$ turn left stepping left together (step 22). Now he should be behind the lady and slightly left of her. On step 23 he steps right to right to be right behind the lady
