Blackbird



拍数: 0 墙数: 1 级数: Intermediate

编舞者: Sue Johnstone (UK)

音乐: Down Came a Blackbird - Lila McCann



Sequence: 1-48 of A, A, B, C, A, 1-8 of A x 2. To use with other music keep repeating section A only. For finale, step to right and raise right arm. Hold position.

SECTION A

CROSS, STEP, UNWIND X 2, VOCALS "DOWN CAME A BLACKBIRD"

1-2 Cross right over left, step left to left.

3-4 Cross right over left, unwind ½ turn to left. (cross hands in front on 3, bend knee as you

unwind and raise arms out to sides)

5-8 Repeat steps 1-4

ROCK STEPS AND SHUFFLES

9-10	Rock back onto rig	ght foot, rock forward onto left.

11-12 Shuffle forward right-left-right.

13-14 Rock forward onto left foot, rock back onto right.

15-16 Shuffle back left-right-left.

HEEL SWITCH, HITCH AND SLAP, CROSS BEHIND, SIDE, TRIPLE STEP

17&18 Tap right heel in front, bring right back to pla	ce, tap left heel to front
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&19 Bring left back to place, tap right toe to right side.

&20 Hitch right knee across left (slap knee with left hand), tap right toe to right side

21-22 Cross right behind left, step left to left side.

23&24 Triple step in place right-left-right

25&26 Tap left heel in front, bring left back to place, tap right heel to front

&27 Bring right back to place, tap left toe to left side

&28 Hitch left knee across right (slap knee with right hand), tap left toe to left side

29-30 Cross left behind right, step right to right side.

31&32 Triple step in place left-right-left

HIP SWAYS FORWARD AND BACK. (VOCALS 'SHE'S GONE') SWAY ARMS IN HIP DIRECTION.

35&36 Sway forward onto right, sway back onto left, sway forward onto right.

37-38 Step diagonally forward on left and sway hips forward, sway weight back onto right.

39&40 Sway forward onto left, sway back onto right, sway forward onto left.

41-48 Repeat steps 33-40 (but moving back, start with a step back on right & sway hips back.)

HEEL SWITCHES AND STEP FORWARD X 4

Tap right heel to front, bring right back to place, tap left heel to front &51-52 Bring left back to place, step forward on right, bring left tog with right.

53-64 Repeat 49-52 another 3 times.

SIDE SHUFFLE, CROSS BEHIND, UNWIND, HEEL SWITCHES

65&66	Shuffle to the	right right-left-right

67-68 Cross left behind right, unwind ½ turn to left

69-72 Repeat steps 49-52 73-80 Repeat steps 65-72

HIP SWAYS BACKWARDS (VOCALS 'SHE'S GONE') SWAY ARMS IN HIP DIRECTION

Step diagonally back on right as you sway back, bring weight on left as you sway forward.

83&84 Sway back, sway forward, sway back

Step diagonally back on left as you sway back, bring weight on right as you sway forward.

87&88 Sway back, sway forward, sway back

89-96 Repeat steps 81-88

SECTION B (SAME AS A BUT WITHOUT STEPS 65-80)

1-64 Repeat 1-64 of section a

Repeat 81-96 of section a (vocals 'she's gone') sway arms in hip direction.

SECTION C (SLOW BRIDGE IN MIDDLE OF TRACK)

DIAMOND SHAPE WITH TRIPLE STEPS

1-2 Step forward on right turning ¼ turn to right, bring left tog with right.

3&4 Triple step in place right-left-right

5-6 Step back on left turning 1/4 turn to right, bring right tog with left

7&8 Triple step in place left-right-left

9-16 Repeat steps 1-8.

FULL LEFT TURN, TRIPLE STEP, FULL RIGHT TURN, TRIPLE STEP (MOVING FORWARD)

17-18 Step forward on right turning ½ to left, step back on left turning ½ to left.

19&20 Triple step in place right-left-right

21-22 Step forward on left turning ½ to right, step back on right turning ½ to right.

23&24 Triple step in place left-right-left

RIGHT KICK BALL CHANGES X 4 (TRAVELING BACKWARDS)

25&26 Kick right foot forward, step back slightly on right, step back slightly on left

27-32 Repeat steps 25&26 three more times.