Blended Waltz



拍数: 48 **墙数:** 1 **级数:** waltz

编舞者: Charlotte Williams (USA)

音乐: Rock & Roll Waltz - Scooter Lee



CROSSOVER LUNGE STEP, TOUCH RIGHT, HOLD; CROSS BEHIND, TOUCH LEFT, HOLD

1-3 Cross/lunge step left foot over right; touch right foot to right; hold

4-6 Cross step right foot behind left; touch left foot to left; hold

(WALTZING AROUND THE BASES OF THE BALL DIAMOND.)

FULL LEFT WALTZ TURN TO FIRST BASE, RIGHT WALTZ FORWARD

Moving diagonally to right to first base

Step left foot forward, starting forward full turn to left
Step ball of right foot forward continuing full left turn
Step ball of left beside right, completing full left turn

Variation: waltz forward toward first base, left, right, left

10 Step right foot forward squaring body to 3:00 wall

11-12 Step ball of left foot beside right; step ball of right foot beside left

34 LEFT WALTZ TURN TO 2ND BASE. RIGHT WALTZ BACK

13 Step left foot back to left starting ¾ left turn 14 Step ball of right foot continuing ¾ left turn

15 Step ball of left foot beside right completing ¾ left turn

Variation: waltz backward toward 2nd base, left, right, left

16 Step right foot back squaring body to 6:00 wall

17-18 Step ball of left foot beside right; step ball of right foot beside left

FULL LEFT WALTZ TURN TO THIRD BASE, RIGHT WALTZ FORWARD.

Moving diagonally to right to first base

Step left foot forward, starting forward full turn to left Step ball of right foot forward continuing left turn Step ball of left beside right, completing full left turn

Variation: waltz forward toward first base, left, right, left

22 Step right foot forward squaring body to 9:00 wall

23-24 Step ball of left foot beside right; step ball of right foot beside left

34 LEFT WALTZ TURN TO HOME PLATE, RIGHT WALTZ BACK

25 Step left foot back to left starting ¾ left turn 26 Step ball of right foot continuing ¾ left turn

27 Step ball of left foot beside right completing 3/4 left turn

Variation: waltz backward toward 2nd base, left, right, left.

28 Step right foot back squaring body to 12:00 wall

29-30 Step ball of left foot beside right; step ball of right foot beside left

CROSS WALTZ STEP; CROSS WALTZ WITH 1/2 TURN

31-32 Cross step left foot forward over right; step right foot beside left

33 Step left in place angling body slightly left

34 Cross step right foot forward over left while beginning ½ turn right

35 Continue ½ turn right, step left foot beside right

Completing ½ turn to right, step right foot beside left

CROSS WALTZ STEP; CROSS WALTZ WITH 1/2 TURN

| 37-38 | Cross step left foot forward over right; step right foot beside left |
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| 39 | Step left in place angling body slightly left |
| 40 | Cross step right foot forward over left while beginning ½ turn right |
| 41 | Continue ½ turn right, step left foot beside right |
| 42 | Completing ½ turn to right, step right foot beside left |

CROSSOVER LUNGES

43 Cross step left foot forward over right

44-45 Step back on ball of right foot; step ball of left foot beside right

46 Cross step right foot forward over left

47-48 Step back on ball of left foot; step ball of right foot beside left

REPEAT