

拍数: 64 墙数: 2 级数: Intermediate

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音乐: The Blues Man - Alan Jackson



LEFT TOE STRUT - RIGHT TOE STRUT - LEFT KICK-BALL-BACK - RIGHT KNEE POP, LEFT KNEE POP

1-2	Cross touch left toe in front of right, drop left heel to floor
3-4	Cross touch right toe in front of left, drop right heel to floor
5&6	Kick left forward, step ball of left beside right, step right back

7-8 Rock back left and pop right knee in, recover weight onto right and pop left knee in

LEFT CROSS, SIDE, BACK - RIGHT CROSS, OUT, OUT - DRAG, 1/4 TURN RIGHT, STEP RIGHT FORWARD

1-2-3	Cross left in front of right, step right to right, step left back
4-5-6	Cross right in front of left, step left to left, step right to right

7&8 Drag/step left beside right, pivot ¼ right on ball of left, step right forward

1/4 TURN LEFT - STEP-LOCK-STEP, 1/2 TURN RIGHT & HITCH - STEP-LOCK-STEP, DRAG IN, 1/4 TURN LEFT & HITCH LEFT FOOT ACROSS RIGHT LEG WHILE MAKING 1/4 TURN LEFT ON BALL OF RIGHT

1-Z SUIGE (DIG SIED) IEU IOIWAIG. IOCK/SIED HUHI HISIED DEHHIG IEU HEE	1-2	Stride (big step) left forward, lock/step right instep behind left heel
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3&4 Stride left forward, pivot ½ right on ball of left, hitch right foot across left leg

5-6 Stride right forward, lock/step left instep behind right heel

7&8 Stride right forward, pivot ½ left on ball of right while dragging left beside right, transfer weight

to left

RIGHT CROSS, SIDE - ½ TURN RIGHT AND CHASSE RIGHT - STEP LEFT FORWARD, ½ TURN RIGHT - RIGHT MAMBO BACK

1-2 Cross right over left, step left to left side

&3&4 Pivot ½ turn right on ball of left, step right to right side, step left beside right, step right to right

side

5-6 Step left forward, pivot ½ turn right keeping weight on left foot

7&8 Rock right back, recover left, step right forward

ROCK LEFT FORWARD, RECOVER RIGHT, ¼ TURN LEFT, STEP LEFT FORWARD - ROCK, RECOVER - SHUFFLE ½ TURN RIGHT - STEP ¼ TURN RIGHT

1-2&3 Rock left forward, recover right, & pivot ¼ left on ball of right, step left forward

4-5 Rock right forward, recover left

6&7 Shuffle ½ turn right

8 Step left forward into ¼ turn right

Option for counts 6&7 above: do heel turn instead of shuffle by stepping right back, pivot ½ turn right on both heels, transferring weight forward to right foot and left toe

HINGE ½ TURN RIGHT - CROSS SHUFFLE, UNWIND ½ TURN RIGHT - SIDE RIGHT, DRAG, LEFT, CROSS ROCK, RECOVER RIGHT, LEFT BACK ROCK, RECOVER RIGHT

1 On ball of left make ½ turn right stepping right to right side

Cross left over right, step right to side, cross left over right, unwind ½ right on ball of left foot 4&5-6

Big step right to right side, drag left foot toward right, cross rock left over right, recover right

7-8 Rock back left, recover right

LEFT FORWARD, ½ TURN RIGHT - RIGHT SIDE ROCK, RECOVER, CROSS - LEFT KICK-BALL-CROSS - LEFT SIDE ROCK, RECOVER - CROSS, STEP SIDE (FIRST 2 COUNTS OF CROSS SHUFFLE)

1& Step left forward, on ball of left make ½ turn right

2&3	Rock right to right side, recover left, cross right over left
4&5	Kick left to left diagonal, step ball of left beside right, cross right over left

6-7 Rock left to left side, recover right 8& Cross left over right, step right to right

CROSS - MONTEREY ¾ TURN RIGHT - POINT SIDE, CROSS, HOLD - UNWIND ½ TURN RIGHT, HEEL BOUNCE, 2X

1 Cross left over right

2-3 Point right to right side, pivot ¾ right on ball of left drawing right beside left (weight right)

4-5-6 Point left to left side, cross left over right, hold

&7&8 Unwind ½ turn right while raising and lowering both heels 2 times (end weight right)

REPEAT

TAG

When using "The Blues Man" music, there is a 16 Tag after the 64 count dance has been done 3 times MONTEREY ½ TURN LEFT 2X

1-2 Point left to side, pivot ½ left on ball of right while drawing left beside right (weight left)

3-4 Point right to side, step right beside left (weight right)

5-6-7-8 Repeat counts 1 through 4

CHASSE LEFT, ROCK BACK, RECOVER - CHASSE RIGHT, ROCK BACK, RECOVER

1&2-3-4 Step left to side, step right beside left, step left to side, rock right back, recover left Step right to side, step left beside right, step right to side, rock left back, recover right

The song "The Blues Man" is a redo of a Hank Williams Jr. song of the same name. It is performed by Alan Jackson on his "Under The Influence" CD as a tribute to Hank Williams Jr. The song is just over 7 minutes in length with the last 3 minutes being a very moving guitar instrumental. It is suggested that you fade out the song at the end of the vocal section at approximately 4 minutes 15 seconds. The dance will then end in the 6th repetition on count 32, facing the front wall

END OF DANCE

(Counts 29, 30, 31, 32)

5-6 Step left forward, on ball of left make ¾ turn right

7-8 Step right to right side, cross left over right

(And hold, hold, hold)